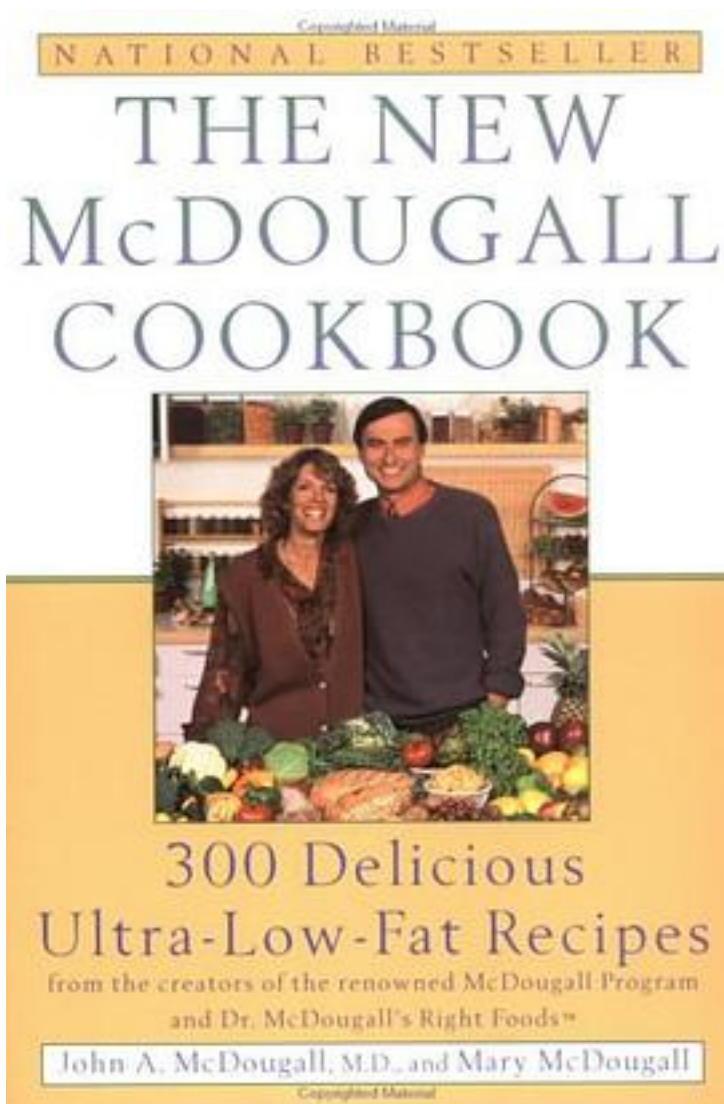


The New McDougall Cookbook



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Provides more than three hundred low-fat recipes, including such healthful treats as Fruity Golden Waffles, Thai Vegetable Curry, Spanish-Style Vegetable Casserole, and others, none of which contain either dairy or animal products. Reprint.

作者介绍:

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