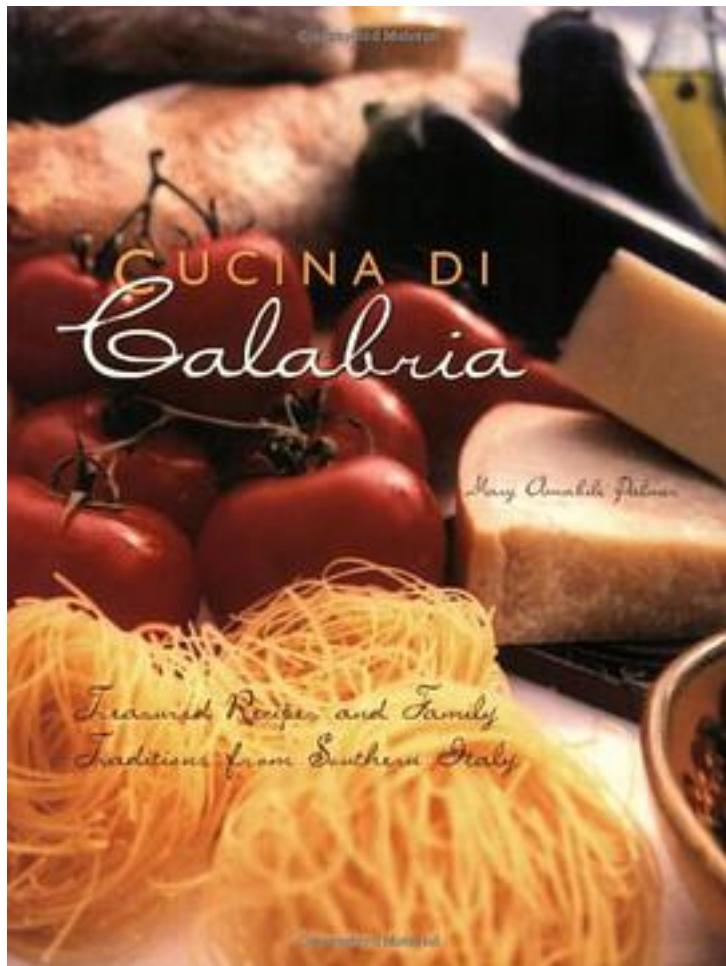


Cucina Di Calabria



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著者:Palmer, Mary Amabile

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The recipes are interwoven with anecdotes about Calabrian culture and history (as multi-layered as one of the region's signature dishes, "Sagne Chjine, a special lasagna),

traditions, festivals, and folklore, and of course, the primary role that food plays in all aspects of Italian life. From the best-kept secrets of her mother's kitchen to Calabrian family, friends, and local chefs, first-generation Italian American Mary Amabile Palmer has collected the best the region has to offer, thus preserving the past for generations of future cooks.

作者介绍:

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