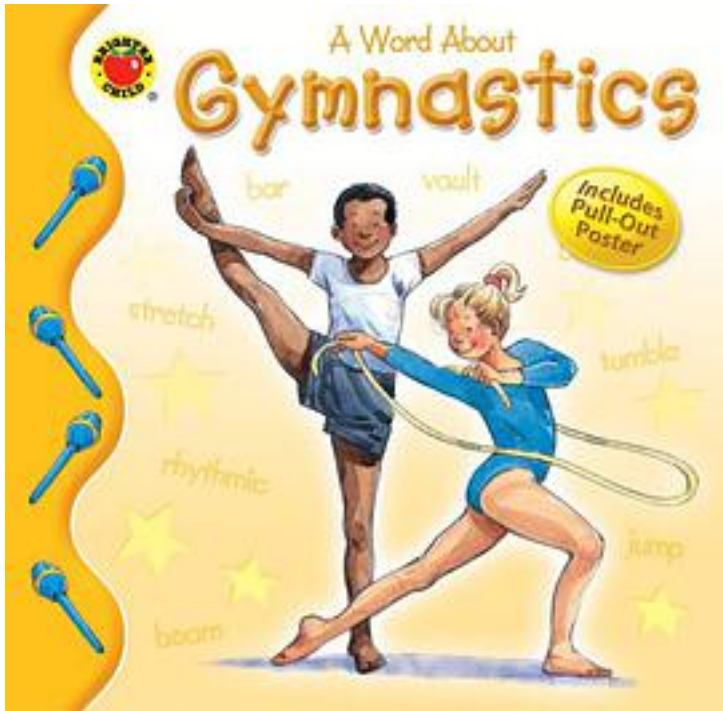


A Word about Gymnastics



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Children will get excited about gymnastics with this amazing book that teaches them the basics of gymnastics. A Word About Gymnastics is a beginner's guide that teaches the basics of gymnastics. Readers will learn what to wear, how to warm up, and the basic gymnastics equipment is illustrated and explained, from bars and beam to the pommel horse and rings. A full-color, pull-out poster illustrates basic gymnastic floor positions. A glossary emphasizes important vocabulary. The A Word About series teaches children important information about the hobbies they love. Help gymnasts, ballet dancers, soccer players, and horse enthusiasts learn basic rules, movements, positions, and equipment of their favorite activities. Each title also features a large,

colorful pull-out poster.

作者介绍:

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