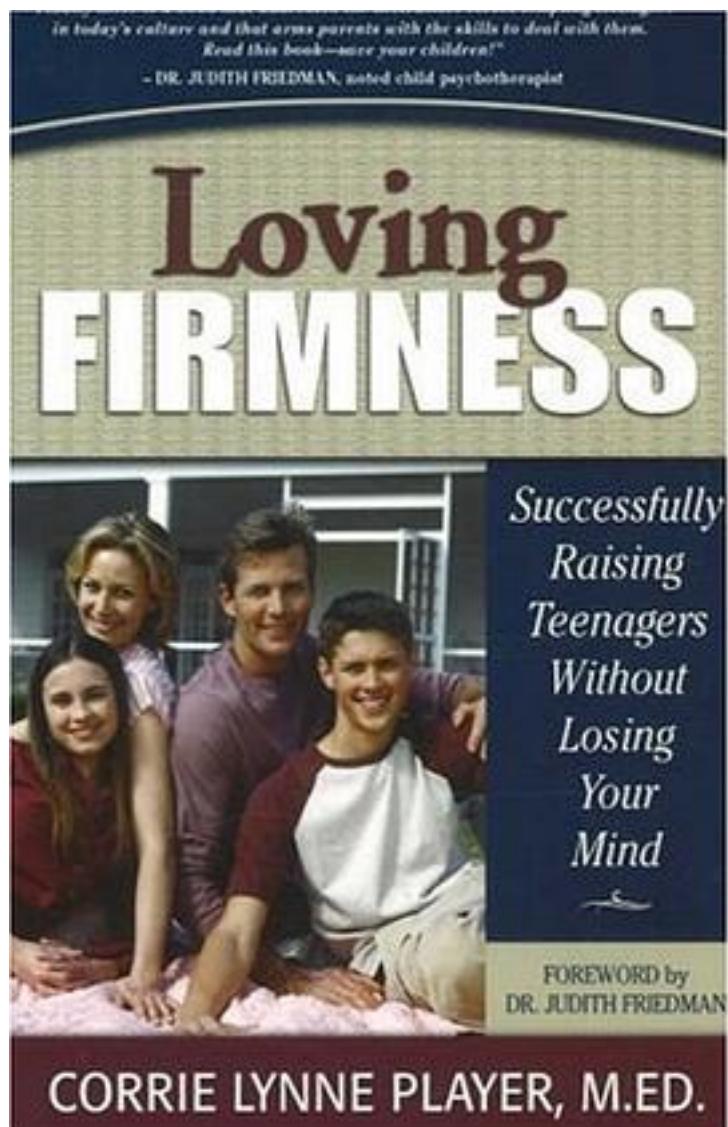


# Loving Firmness



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著者:Player, Corrie Lynne

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This is the fourth book from parenting expert Corrie Lynne Player. "Loving Firmness" teaches a no-nonsense, tough-love approach to raising teenagers balanced with deep affection and a soft touch that they will respect and follow. Written with wit and a profound understanding of the teenage brain, this how-to manual will help ensure that your children become responsible, successful adults. She begins with an explanation of the complex nature of teens. 'Teenagers are part child, part adult, and part alien', she says. They need a firm guiding hand, but this must be coupled with trust and appreciation. 'Everyone wants to feel special, especially teenagers' she counsels. Corrie Lynne Player emphasises the importance of teens having chores to do and being accountable to simple, consistent rules. She stresses teaching a strong work ethic, and is very firm about the need to teach religion and values to teens. She also delves into health issues including eating habits and healthy sleep habits. She teaches parents how to deal with eating disorders, brushes with the law, and other problem behaviours.

作者介绍:

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