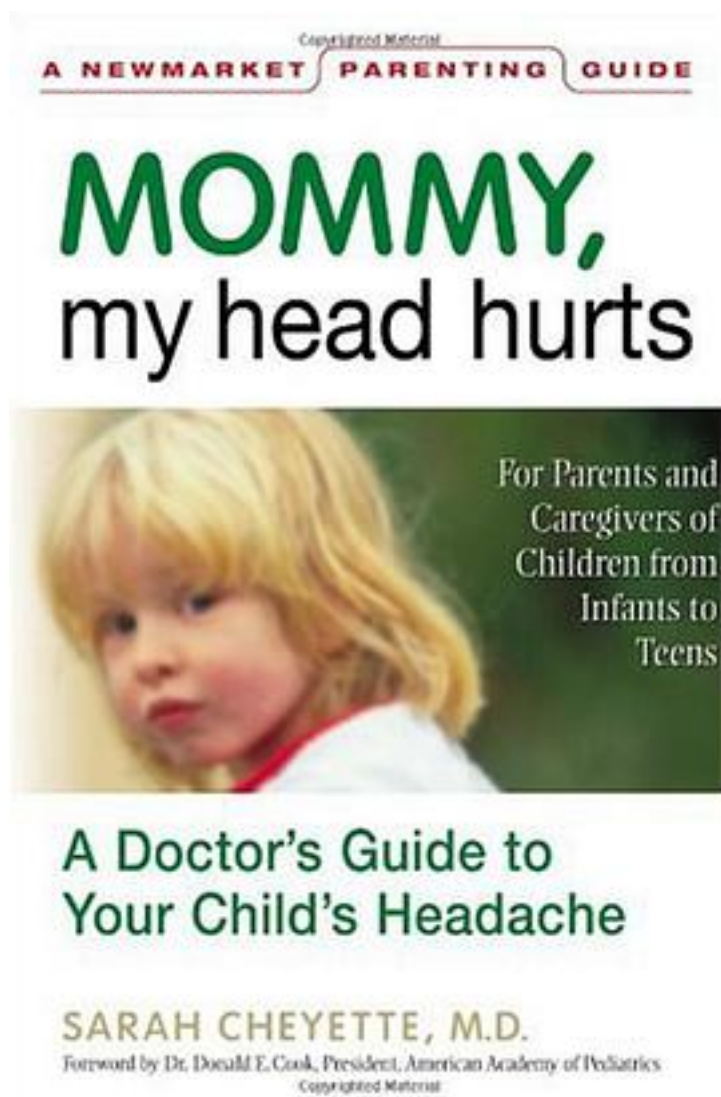


Mommy, My Head Hurts



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Dr. Sarah Cheyette, a pediatric neurologist and mother of two young children, gives attention to a serious need: helping parents and caregivers of children from infants to teenagers understand and deal with headache pain, treat it with and/or without medication, and keep it from controlling their child's life as well as their own. In a clear, lively, easy-to-understand style, with case studies, resources, diagrams, and a valuable "sample headache diary," Dr. Cheyette answers such pressing questions as: -- How can I identify and treat pain in my baby? My toddler? My teen?-- What are the possible causes of my child's headache?-- What medications and nondrug therapies are available?-- How can I prepare my child for a doctor's visit?-- What questions should my doctor ask to ensure an accurate diagnosis of my child's headache?-- What are our options if we've already seen a doctor ... and the headache still isn't going away?

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