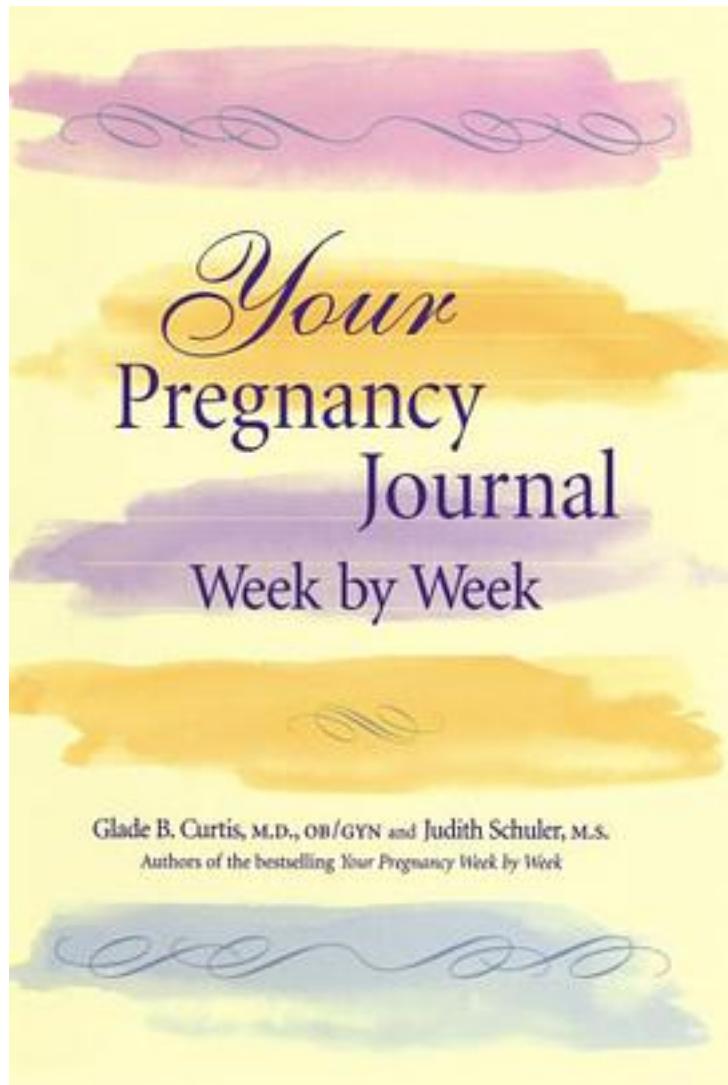


# Your Pregnancy Journal Week By Week



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From the authors of the best-selling Your Pregnancy Week by Week series, a handsomely packaged journal that is also a wonderful resource for expectant mothers. The nine months of pregnancy are a special time for all women, a time of wonder, dreams, hopes, and, above all, awesome physical change. Your Pregnancy Journal is the perfect place for women to record thoughts and also to keep a record of their physical progress as they march toward delivery. In addition to ample space for the mom-to-be to write weekly musings and keep track of doctor appointments, test results, and changes in weight, blood pressure, and belly measurements, this elegantly designed journal includes a wealth of helpful and interesting medical, nutritional, and exercise information and tips. The perfect gift, Your Pregnancy Journal is also a wonderfully wise and reassuring resource for a mother-to-be.

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