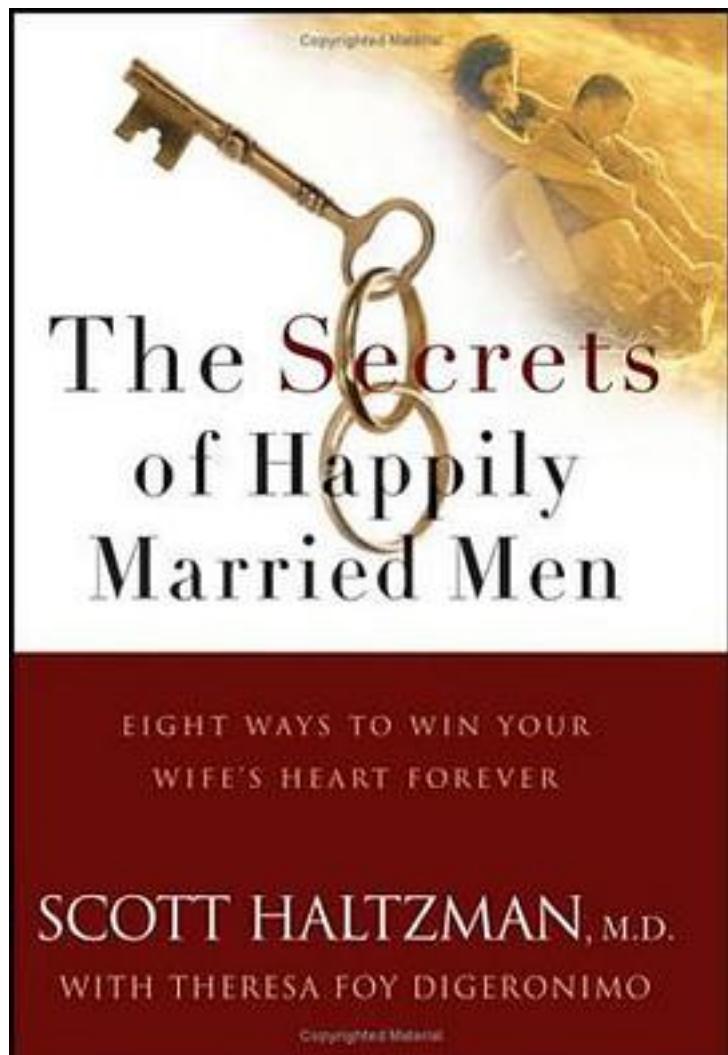


The Secrets of Happily Married Men



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Praise for "The Secrets of Happily Married Men" "Manly men rest assured: You can hope to become a better husband without having to get in touch with your feminine side. . . . Lively and entertaining, this broad guidebook provides Haltzman's insights illuminated by anecdotes from his online discussion forum for married men." --"Psychology Today" "Haltzman . . . launches his eight strategies with remarkable vigor. More important, they are extraordinarily well fleshed out and convincingly supported with useful 'to do' lists and a multitude of examples. They will no doubt prove helpful to many men struggling to build a happy marriage." --"Publisher's Weekly" "Scott Haltzman, a psychiatrist and Brown University professor, has been studying marriages good and bad for a long time. . . . View marriage as your most important task, Haltzman urges men, and pursue success as you would anything else that matters." --"Washington Post" "Men are good at fixing problems, not talking about them, so Haltzman advises playing to your strength. The genius of this book is that it . . . asks politically incorrect questions about men and women at home--the neglected front in the gender wars." --"New York Times" "The insights in this book reveal a new and effective way for men and women to understand and appreciate each other. It shows what it really takes to create a loving and lasting relationship." --John Gray, author, "Men Are from Mars, Women Are from Venus" Marriage and relationships are in crisis. The breakup and divorce rate remain incredibly high, despite all the couples therapy, afternoon talk shows, and other books in the marketplace, many of which describe men as abusive commitment phobic creeps who'd better change fast or else. But this new book is totally different, a whole different way of looking at how to build a successful long-lasting relationship from a man's point of view, men who are happy in their partnerships, who have figured out what works for them in accomplishing the goal of a loving, intimate, lifetime commitment. Dr. Scott Haltzman, Clinical Assistant Professor of Psychiatry and Human Behavior at Brown University, and founder of "www.secretsofmarriedmen.com," has devised a proven method for improving relationships, based on a man's special and unique skills, strengths, powers--as a responsible and motivated worker, manager, leader, problem-solver, partner, husband, and father. Men are different, Dr. Haltzman says. They don't approach relationships with the same skills and techniques that women do--and "viva la difference." Dr. Haltzman therefore lays out eight ways, tasks, proven techniques which men have revealed in confidential correspondence to his highly successful website, including The First Way: Make Your Marriage Your Job, The Second Way: Know Your Wife, The Third Way: Be Home Now, The Fourth Way: Expect Conflict and Deal With It, The Fifth Way: Learn to Listen, The Sixth Way: Aim to Please, The Seventh Way: Understand the Truth About Sex, The Eighth Way: Introduce Yourself, and finally, Celebrate Your Love. Within each of these steps, he provides both specific analysis, guidelines and techniques based on male biology, neuro-science, brain differences, unique developmental stages from youth to seniority. To illustrate these ideas in action, he's included wonderful true stories, anecdotes, and confessions from the website. The result is a practical, very entertaining, totally original way to build successful relationships for men and their partners, girlfriends, and wives. For a lasting commitment, a continuing guide to solving inevitable problems and bumps in the road, for more fun, better sex, genuine intimacy, and a life-long partnership--this dynamic new author shows the way in a manner that finally includes an authentic male perspective.

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