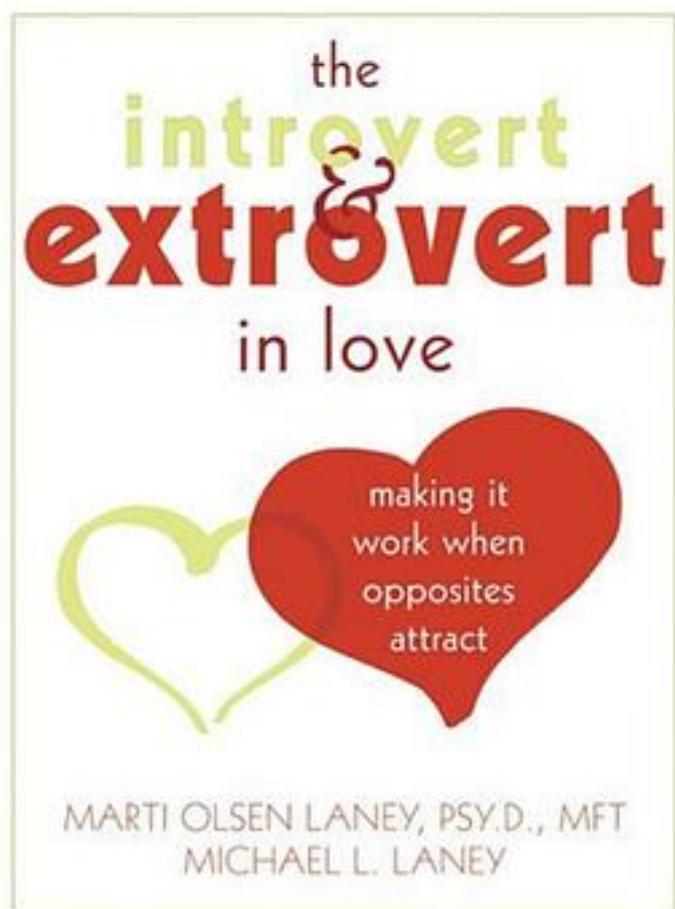


The Introvert & Extrovert in Love



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We use the words every day, but what does it really mean to be an "introvert" or an "extrovert"? And what does it mean to be an introvert in a romantic relationship with

an extrovert? Can it work? Surprisingly, psychologists tell us that despite their obvious differences, introverts and extroverts can enjoy a strong and stable relationship. The key to introvert/extrovert bliss lies in understanding what makes the other person tick and using the differences to help balance and enrich the relationship. This book offers advice for making it happen. Readers learn how introvert and extroverts process information and communicate differently. They learn how to create a fulfilling social life for themselves and their partners, as well as ways to deal with decision-making and planning for the future. The book also helps readers get past the dangerous question, "Why can't you be more like me?" Everything in the book benefits from the authors' personal experiences as a "mixed" couple-introvert Marti and extrovert Michael Laney have been happily married for more than thirty-seven years. They must be doing something right!

作者介绍:

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