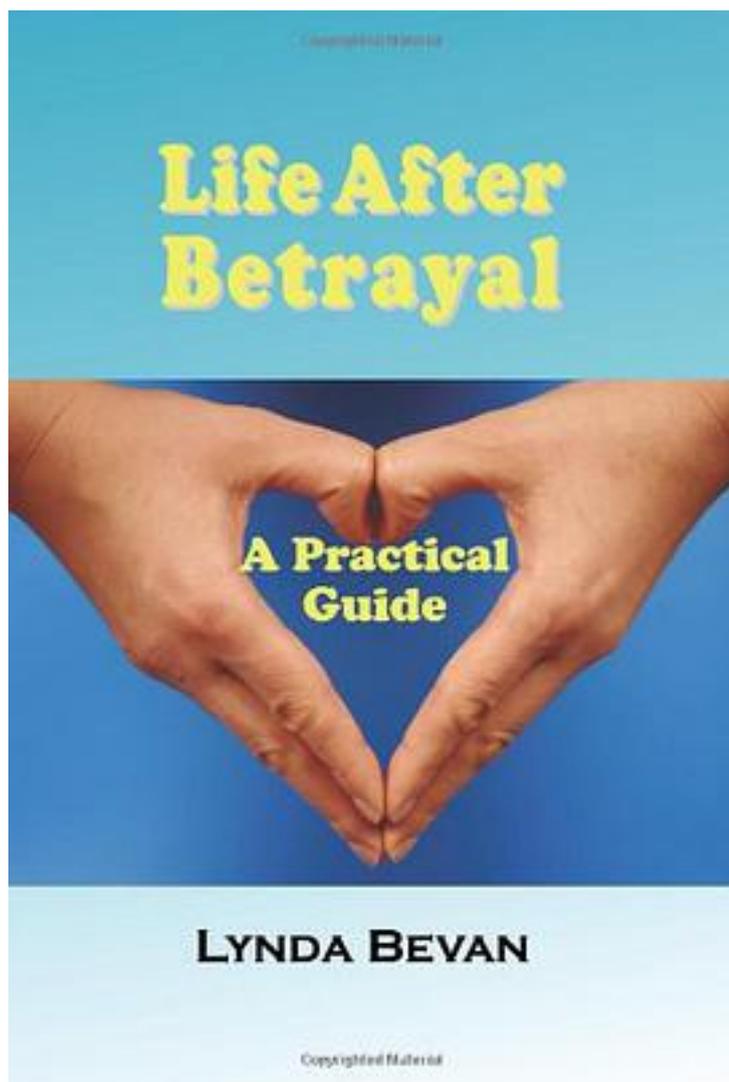


Life After Betrayal



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Your long-time partner has just betrayed your relationship and everything you hold dear: LIAre you stuck trying to decide whether to move forward in your relationship or give up? LIDo you find yourself repeating old ways of behavior? LIDo you frequently talk about whose fault the betrayal was? LIAre you continually dealing with jealousy and control issues? LIAre you tired of being a victim? LIDo you spend a lot of time thinking how it might have been different? If you answered YES to any of these questions then this book is for you "Life After Betrayal: A Practical Guide," is an honest, straightforward book that helps the reader through each step on the road to recovery. The book identifies the feelings that emerge during this emotional upheaval and offers a reservoir of alternative solutions on how to deal with these emotions. The journey of self-discovery is handled sensitively, and is an essential passage in moving on from an unhealthy relationship to a healthy emotional future. What People Are Saying About "Life After Betrayal" "Life after Betrayal: A Practical Guide" by Lynda Bevan delivers on its promise. It is a no-nonsense, honest but compassionate guide to surviving all forms of betrayal, from the romantic to the parental. It is hard to believe how much useful information the author has packed into this slender tome. The book is studded with illuminating case studies and provides an excellent exposition of issues such as post-traumatic emotional responses, pre-trauma expectations, setting boundaries, forgiveness and acceptance, and the do's and don'ts of moving forward. A gem." --Sam Vaknin, author of "Malignant Self Love - Narcissism Revisited" "Life After Your Lover Walks Out: A Practical Guide" is Book #2 in the "10-Step Empowerment Series" from Loving Healing Press (<http://www.LovingHealing.com>)

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