

Great Expectations



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A critical companion to the comprehensive guide Great Expectations: Your All-In-One Resource to Pregnancy & Childbirth , this must-have accompaniment will help the expecting know what to expect.

This record keeper and organizational tool is an expectant mother's helper in keeping track of all the details of her pregnancy and preparing for baby's arrival. Written by the mother-and-daughter team who brought us Great Expectations: Your All-in-One Resource for Pregnancy & Childbirth , this invaluable resource features a week-by-week journal to note everything from emotions to physical sensations; checklists of things to do; pre-scripted interviews for meetings with potential healthcare and childcare providers; baby gear and maternity-wear lists; tidbits about baby's development in utero; and guided fill-in space for writing down other important details, such as information from doctor appointments and directions to the birthing facility. A personal directory enables the mom-to-be keep all her pregnancy-related contact information in one easy-to-access place.

作者介绍:

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