

# Coming Home to Self



[Coming Home to Self\\_下载链接1](#)

著者:Verrier, Nancy Newton

出版者:Nancy Verrier

出版时间:2003-10

装帧:Pap

isbn:9780963648013

Coming Home to Self is a book about becoming aware. It is written for all members of the adoption triad: adoptees, birth parents, and adoptive parents as well as those who are in relationship with them, including professionals. It explains the influence imprinted upon the neurological system and, thus, on future functioning. It explains how false beliefs create fear and perpetuate being ruled by the wounded child. It is a book which will help adoptees discover their authentic selves after living without seeing themselves reflected back all their lives.

作者介绍:

目录:

[Coming Home to Self\\_下载链接1](#)

标签

评论

-----  
[Coming Home to Self\\_ 下载链接1](#)

书评

-----  
[Coming Home to Self\\_ 下载链接1](#)