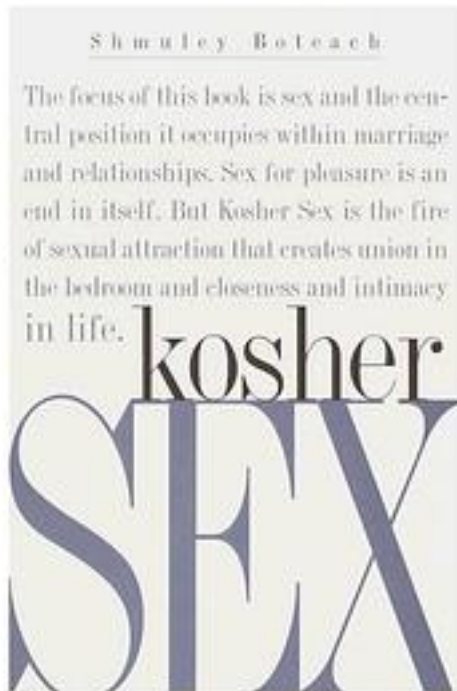


# KOSHER SEX



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著者:Shmuley Boteach

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Kosher Sex is based on the idea that sex is holy. Written by Shmuley Boteach, a Hasidic rabbi, the book occupies the interesting juncture between sex and religion. Using traditional Jewish thought, Boteach attempts to remove sexual taboos and explain the power and place of sex within a marriage. While Boteach uses the Talmud and the Old Testament as the basis for his approach, his treatise is by no means just for Jewish people. His ideas are universal as he attempts to show how married couples can keep the love in their relationships alive. Kosher sex--"passionate lovemaking that leads to intimacy"--is applicable to all, despite the Jewish terminology.

Peppering explanations with plenty of examples, Kosher Sex is immensely readable. It defines couples as one of two types: the best friends and the passionate lovers. Best friends frequently lack a spark in their relationship, while passionate lovers often have tumultuous marriages, without the intimacy of friendship. Boteach attempts to harmonize the two types into a successful relationship.

Some of Boteach's ideas may strike a liberal reader as overly conservative--his thoughts are directed at married couples, as he firmly believes sex has no place outside of this committed bond. Furthermore, his beliefs on such issues as the place of masturbation and pornography in marriage, whether or not sex should be used to settle arguments, and if the lights should be on or off while making love may make Dan Savage or Susie Bright fans cringe. His ideas for singles attempting to find the right partner seem somewhat outdated. Yet, for those who hold traditional views, this book may seem a daring and helpful foray into a topic that is not openly discussed. He makes interesting and valid arguments for all of his points, whether or not you agree with him. In a time when the divorce rate continues to soar, perhaps Rabbi Boteach isn't so off the mark. --Jenny Brown

作者介绍:

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