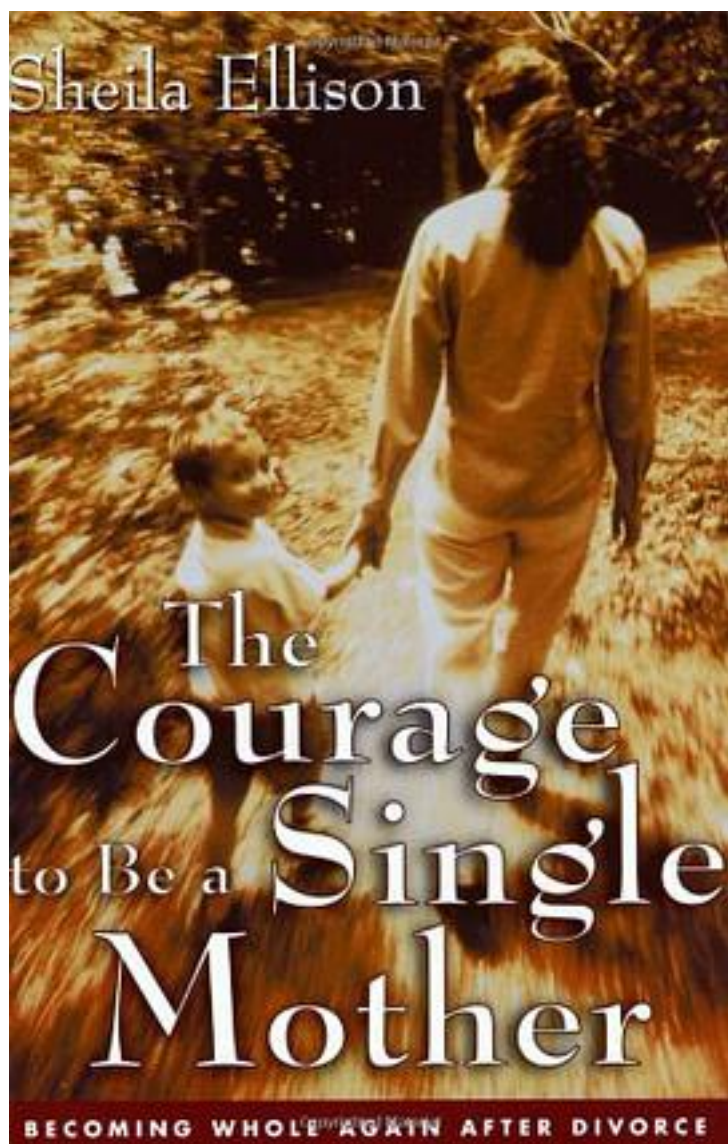


# The Courage To Be a Single Mother



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著者:Sheila Ellison

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Putting the Pieces Back Together Step One: I Do Love Myself

Step Two: I Know What I Want

Step Three: My Family Is Still Whole

Step Four: I Can Choose Who I Am Four simple steps. A world of truth. At last, a source of compassion and support for divorced mothers facing the realities of raising children when their lives are at their most vulnerable and their self-images at their most fragile. Filled with more than a book on coping -- it is a source of understanding, encouragement, and strength that will help single women to nurture their children, resurrect their spirits, and create the life they want.

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