

# Dadditude

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# DADDITUDE

HOW A REAL MAN  
BECAME A REAL DAD

*Philip Lerman*



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A funny fatherhood memoir that chronicles how a real man learned to become a real dad without giving up his real manhood. A fresh take on the foibles, pratfalls, and occasional successes of fatherhood, *Dadditude* is a rollicking new twist on the "daddy book": Lerman, an older dad, spins a yarn about his trek from producing one of the longest-running network television shows ever to tackling one of the longest-running jobs known to man: full-time parenthood. Going in, Lerman believes that moms are like God: Most of their important work is done in the first week, so, after that, they can rest on their laurels. Dads, on the other hand, he figures, are the Avis rent-a-cars of parenthood, always trying harder. But surprise: Even his many years of highly structured management experience have left him unprepared for the chaos that awaits. Ultimately, Lerman learns that good parenting isn't about your gender and that controlling your child is, paradoxically, a matter of learning to let go. By turns poignant and hilarious, *Dadditude* shows that in the process of almost losing your mind, you can find your heart.

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