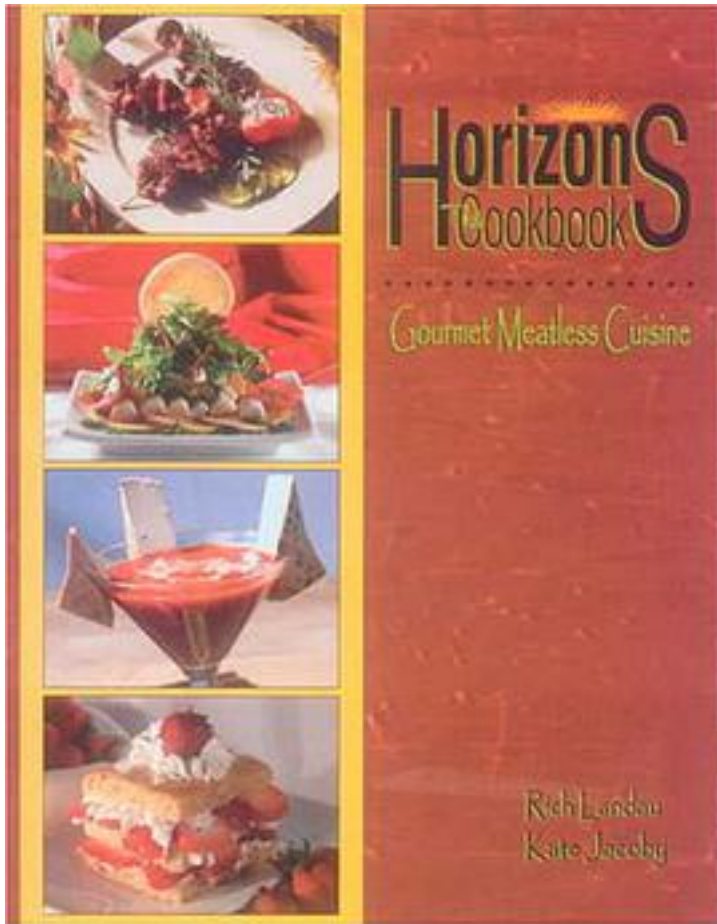


# The Cookbook



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Over 100 globally inspired recipes from Horizons Cafe in Philadelphia, one of the premier vegetarian restaurants in the country, delivers the best of gourmet meatless cuisine. Carnivores and vegetarians alike have raved over the seitan, tofu and veggies

that have been smoked, spiced, and glazed with mingled flavors reminiscent of island resorts. Now in your own kitchen you can make the same delicious soups and salads, intriguing appetizers, delectable entrees, and mouthwatering desserts that restaurant goers have been enjoying. In addition to step-by-step instructions are detailed descriptions of techniques and other invaluable culinary knowledge that will not only teach you what to cook, but how to cook. Novices will be able to produce the same results as more experienced chefs. Color photos provide all the inspiration you need.

作者介绍:

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