

Epilepsy



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At least 50 million people worldwide have epilepsy, many of them teenagers. There are many different types of epilepsy, and each type has different behavioral effects and is treated with different methods. This book, written specifically for a teen audience, dispels the myths, misconceptions, and misunderstandings about epilepsy and people who have the disorder. It provides positive, factual medical information and advice for teens on living a normal life by understanding the symptoms; being alert to the signs and factors that precipitate seizures; and educating themselves about treatment methods, medications, and management strategies. Stories from teens who have epilepsy show readers they can participate in normal activities. They also offer advice on whether and how to tell friends, dates, teachers, or an employer about the condition. The book concludes with an extensive resource listing of publications, Web sites, and organizations, as well as an appendix that covers the Americans with Disabilities Act (ADA) and how it applies to people who have epilepsy.

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