

# Beauty Secrets



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出版者:Tyndale House Pub

出版时间:

装帧:Pap

isbn:9781589974401

Girls in Western culture are being stripped of their dignity. Everywhere you look, women and teen girls are objectified. The media plays a huge part in the increase in eating disorders, cosmetic procedures, and our diet culture. "Beauty Secrets" was written to help teen girls transform the way they see themselves by learning their God-given beauty and worth. Armed with truth, girls can fight the messages that are trying to destroy their bodies and their spirits.

作者介绍:

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