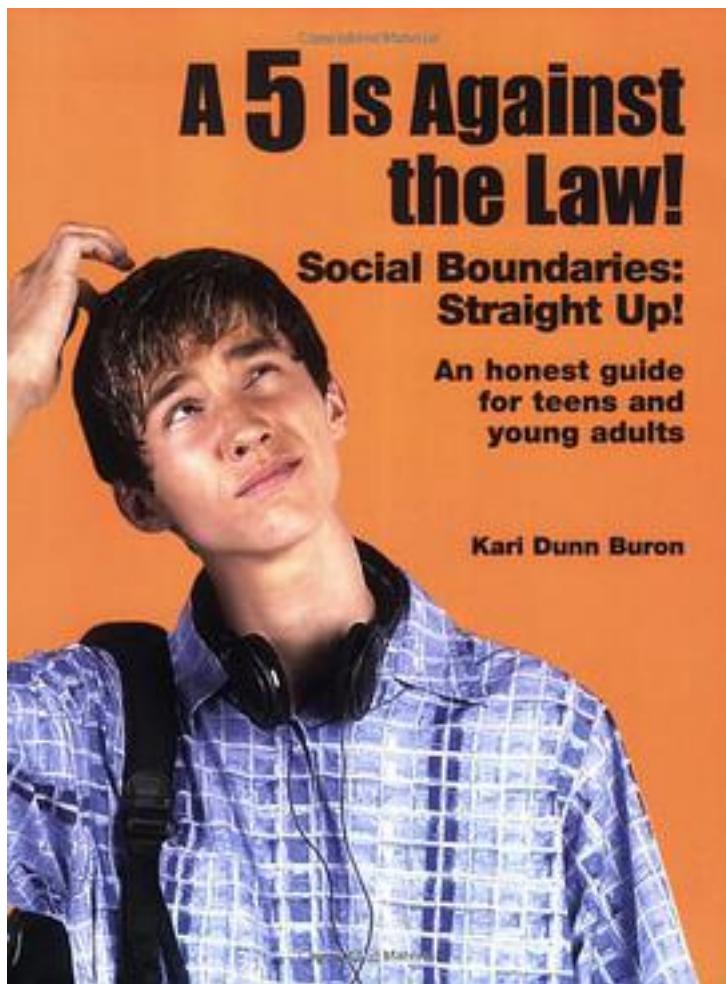


# A 5 Is Against the Law! Social Boundaries



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著者:Kari Dunn Buron

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Kari Dunn Buron has done it again. Building on her popular 5-Point Scale, A 5 Is Against the Law takes a narrower look at challenging behavior with a particular focus on

behaviors that can spell trouble for adolescents and young adults who have difficulty understanding and maintaining social boundaries. Using a direct and simple style with lots of examples and hands-on activities, A 5 Is Against the Law speaks directly to adolescents and young adults. The idea behind the 5-point scale is to take an idea or behavior and break it into five parts to make it easier to understand the different degrees of behavior and, eventually, the consequences of one's behavior. A section is also devoted to anxiety and how to cope with this emotion before it begins to escalate, often leading to impulsive and unacceptable behavior. Throughout the book, the reader is encouraged to think about and create his own behavior and anxiety scale that applies to his particular emotions and situations.

作者介绍:

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