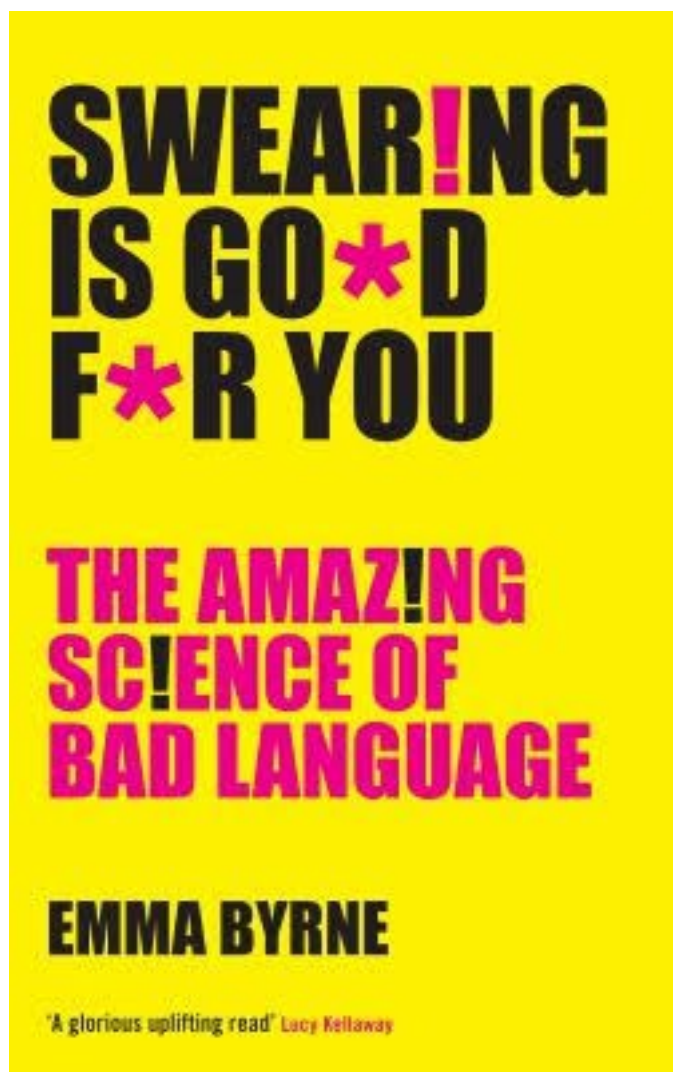


Swearing Is Good for You



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We're often told that swearing is outrageous or even offensive, that it's a sign of a stunted vocabulary or a limited intellect. Dictionaries have traditionally omitted it and parents forbid it. But the latest research by neuroscientists, psychologists, sociologists, and others has revealed that swear words, curses, and oaths—when used judiciously—can have surprising benefits.

In this sparkling debut work of popular science, Emma Byrne examines the latest research to show how swearing can be good for you. With humor and colorful language, she explores every angle of swearing—why we do it, how we do it, and what it tells us about ourselves. Not only has some form of swearing existed since the earliest humans began to communicate, but it has been shown to reduce physical pain, to lower anxiety, to prevent physical violence, to help trauma victims recover language, and to promote human cooperation. Taking readers on a whirlwind tour through scientific experiments, historical case studies, and cutting-edge research on language in both humans and other primates, Byrne defends cursing and demonstrates how much it can reveal about different cultures, their taboos and their values.

Packed with the results of unlikely and often hilarious scientific studies—from the “ice-bucket test” for coping with pain, to the connection between Tourette’s and swearing, to a chimpanzee that curses at her handler in sign language—*Swearing Is Good for You* presents a lighthearted but convincing case for the foulmouthed.

作者介绍:

Emma Byrne has written on science, language, and society for the BBC, Science, the BMJ, the Financial Times, and Forbes. She lives in London.

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标签

科普

脏话

swearing

NONFICTION

评论

和预想不一样，这本其实没有很多脏话，倒是有不少相当严肃的学术分析，培养大猩猩的那一节相当有趣，还有些感人。总结下就是说脏话不见得是坏事，但说好脏话也是需要不少努力的。

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书评

认为这本书太发散的人一定没有做过研究，因为仅仅围绕着说脏话的神经学效应来写，其实三页报告就能写完了。
而且你们根本就不知道研究这种内容有多难，在英国每一项实验都首先要向大学伦理委员会申请取得道德许可，这一点本身已经很困难。而且脏话研究在心理学语言发展的领域绝...

不算书评，没有条理和逻辑，权当自说自话。 一、
从高中时期做的社科类英语阅读题，到扇贝阅读上推送社科文章，它们无论是在形式还是内容上都非常类似。冲破牢笼的我们，终于卸下了面对面课堂对老师箴言警句的唯唯诺诺，敢在文章的评论下发声——“外文社科文章总是洋洋洒洒， ...

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