

Kids' Kitchen



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This is not the recipe book your mother had when she was a child. Recipes that encourage healthy eating and stunning photography by a top food photographer make this a truly modern children's cookbook. To help kids understand the origins of food at an early age, the recipes and advice are divided up into sections based on production: From the Sea, From the Garden, From Afar, and so on. Each of the 50 recipes teaches an important culinary or technique, so whisking up meringues, mixing the batter for pancakes, and dry-frying curry spices become delightfully informative experiences. All the classic skills are here, too-from blending and grating to making sauces and rolling pastry-plus kitchen safety and hygiene tips.

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