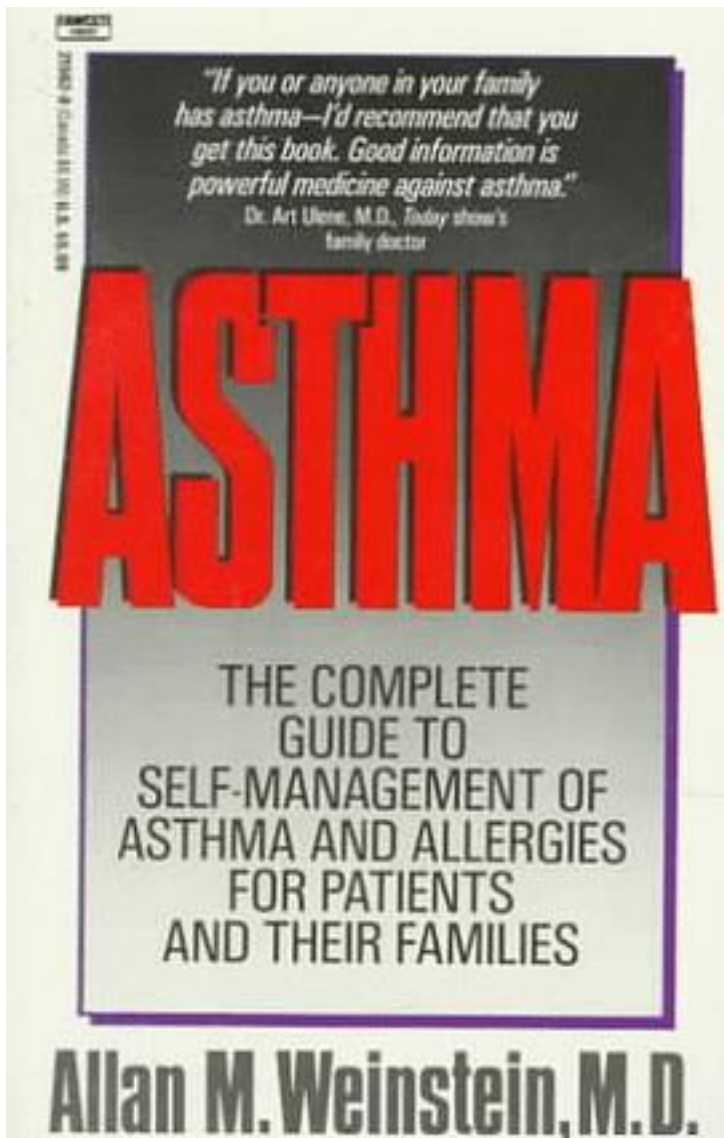


Asthma



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出版者:Natl Book Network

出版时间:2006-9

装帧:Pap

isbn:9780810857599

Asthma is growing at an alarming rate with a 75 percent increase between 1980 and 1993. Today, 17 million Americans have been diagnosed with this potentially deadly disease. Many of them are teenagers. This easy-to-read handbook helps teens understand asthma and provides them with the history, medical treatment options, and cutting edge research about asthma that will allow them to take a proactive role in the management of their illness. Teens will not only find the factual information they are looking for, but will also enjoy reading loads of interviews with other teenagers who have asthma and find out how they feel about taking medication, what it feels like to have an asthma attack, and how they deal with inquiries from their friends.

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