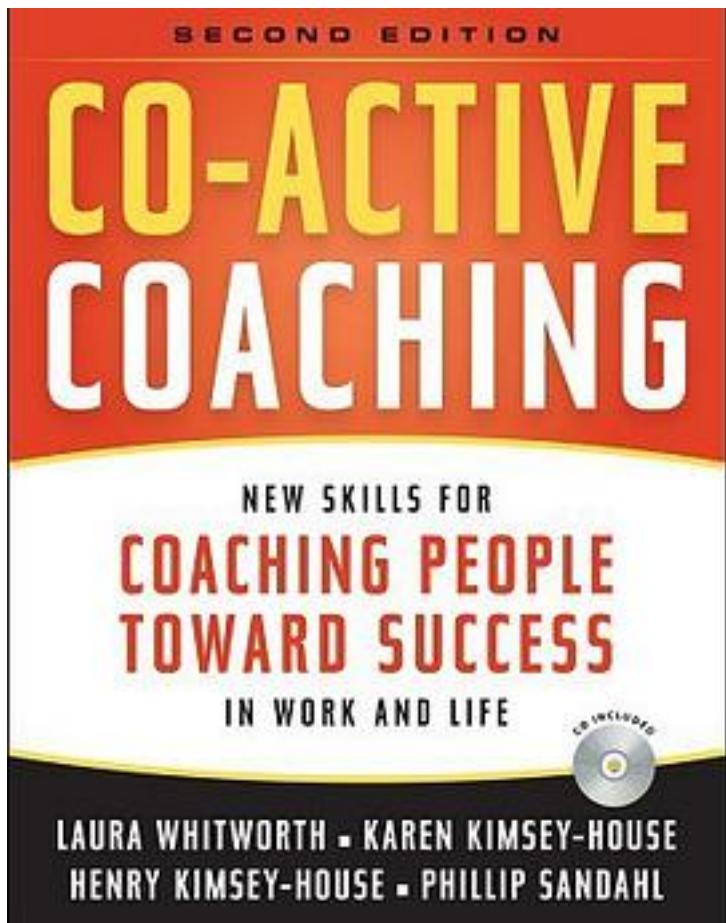


Co-active Coaching



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著者:Whitworth, Laura/ Kimsey-House, Karen/ Kimsey-House, Henry/ Sandahl, Phillip

出版者:Natl Book Network

出版时间:2007-1

装帧:Pap

isbn:9780891061984

A newly revised edition of the book that helped define the coaching profession, Co-Active Coaching captures the essence of what it takes to design and maintain successful, collaborative, and empowering coaching relationships. The authors describe in detail their flexible and adaptive model-placing the client's agenda at the

heart of the coaching partnership, define the skills required for success, provide dozens of sample coaching conversations, and a power-packed Coach's Toolkit of over 35 exercises, questionnaires, checklists, and forms to make these proven principles and techniques eminently practical and immediately actionable.

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