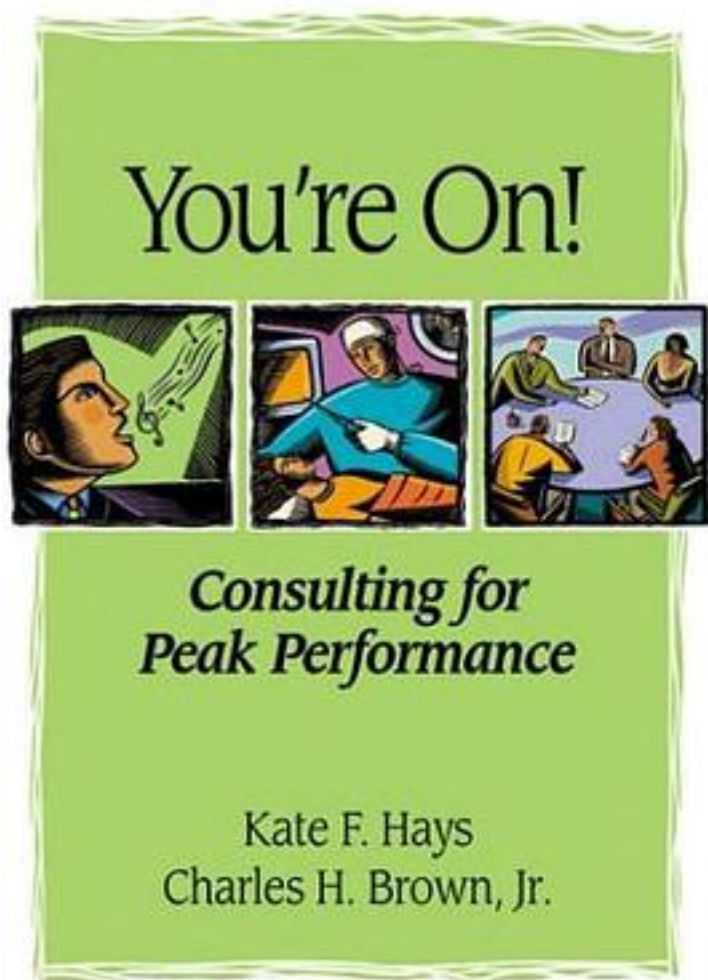


You're on: Consulting for Peak Performance



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著者:Hays, Kate F./ Brown, Charles H.

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Text provides guidance and advice on counseling performing clients so that they achieve their best. For performance consultants, executive coaches, therapists, and counselors. DLC: Counseling.

作者介绍:

Kate F. Hays, Ph.D., maintains an independent practice, The Performing Edge, with a specialized focus on performance enhancement for athletes, performing artists, and business leaders. Her research, writing, international teaching, and practice, initially in New Hampshire and, since 1997, in Toronto, Canada, have been directed toward the mental benefits of physical activity and the application of sport psychology techniques to athletes and other performance populations. She brings additional personal energy to this work through her own involvement as a runner and musician.

Charles H. Brown, Jr. ... 好像是位机械工程师?

<http://www.nrc.gov/about-nrc/regulatory/advisory/acrs/membership.html#brown>

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