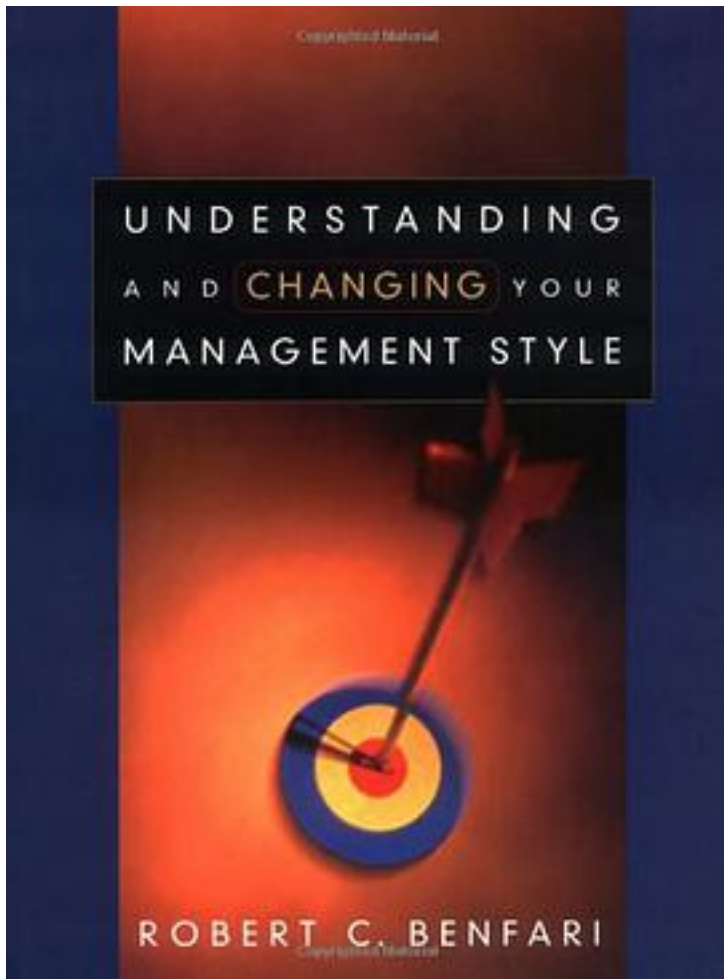


Understanding and Changing Your Management Style



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Are the best managers born that way, while the rest of us must struggle with the role and its responsibilities? According to Robert Benfari, our ability to manage effectively is based on a mix of characteristics that can be analyzed, understood and, most importantly, changed. In this book, he identifies six ingredients of successful management and uses the Myers-Briggs Type Indicator to show readers how they can devise personality-specific strategies for improving their ability to resolve conflict, solve problems, manage stress, positively influence others, and handle difficult situations at work.

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