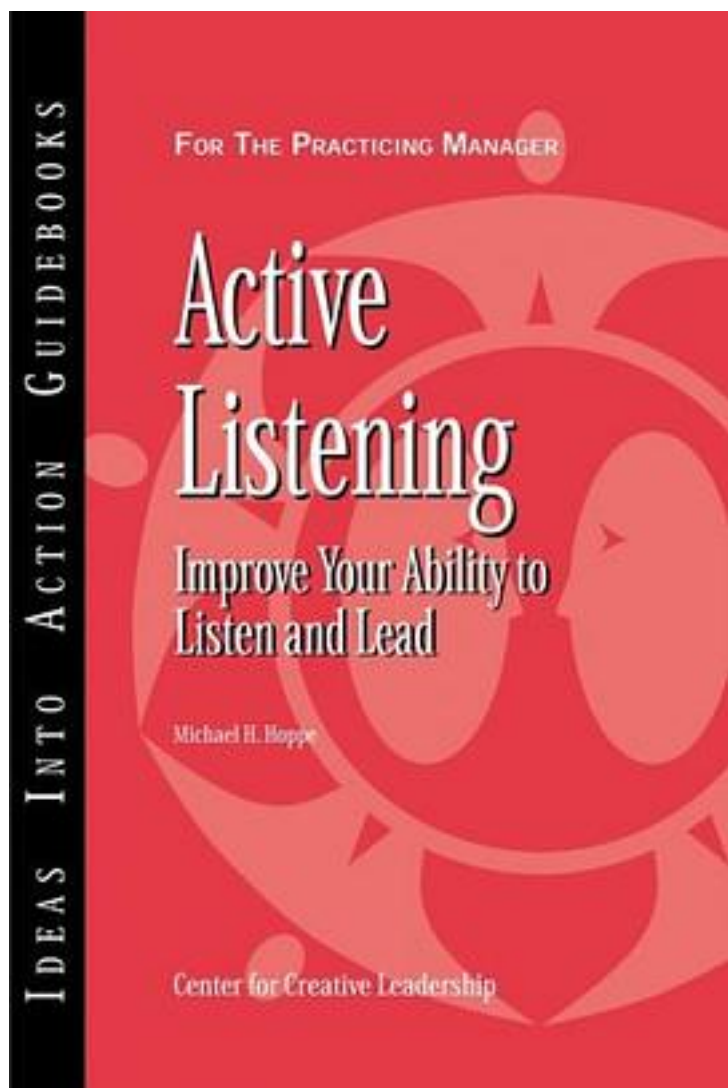


# Active Listening



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Active listening is a person's willingness and ability to hear and understand. At its core, active listening is a state of mind that involves paying full and careful attention to the other person, avoiding premature judgment, reflecting understanding, clarifying information, summarizing, and sharing. By learning and committing to the skills and behaviors of active listening, leaders can become more effective listeners and, over time, improve their ability to lead.

作者介绍:

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## 标签

管理学

职场

沟通

思维

development

Leadership

HR

## 评论

跟《Feedback that works》一个系列，二十来页，非常实用的管理技巧。主要讲述在与人沟通中如何保持注意力，积极倾听。

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书评

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