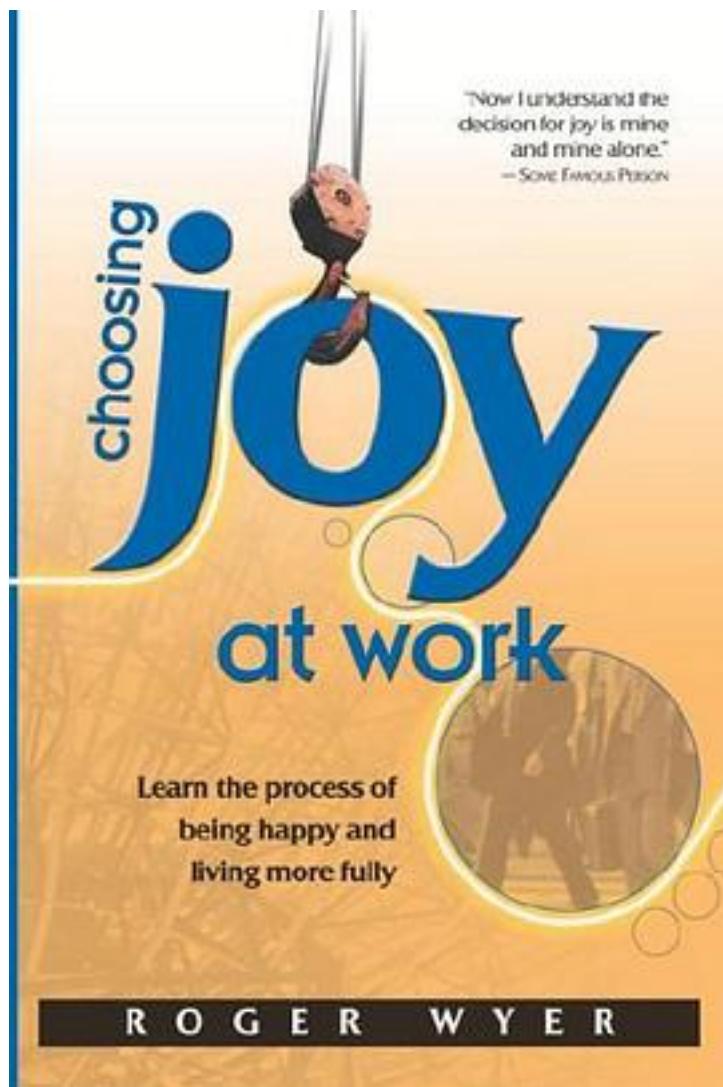


Choosing Joy at Work



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Choosing Joy at Work changes the way we see work. Through a deeper understanding of seeing, influencing, and creating joy at work, readers in any box on the organizational chart can take their next step towards freedom and joy by exercising their personal power on Monday. The book speaks not just to business managers and leaders, but to workers, parents, teachers, coaches, and all those striving to make their work and the work of those around them joyful, meaningful, and effective. Choosing Joy at Work demonstrates how joy changes the work contract and improves work; guides readers to reconnect with their joy in past work; suggests experiments to influence, sustain, and grow joy at work; provides principles, identifies blocks, and suggests quick recovery techniques to help keep you on track; and challenges you to give yourself permission and restore your power to choose joy. Roger's personal mission is to improve the way people work together. Serving for more than twenty years as an internal and external consultant, coach, and change agent to small businesses and nonprofit organizations, he's researched, practiced, and developed ways to make change positive. In Choosing Joy at Work, he shares his life-long pursuit of joy in work.

作者介绍:

目录:

[Choosing Joy at Work 下载链接1](#)

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