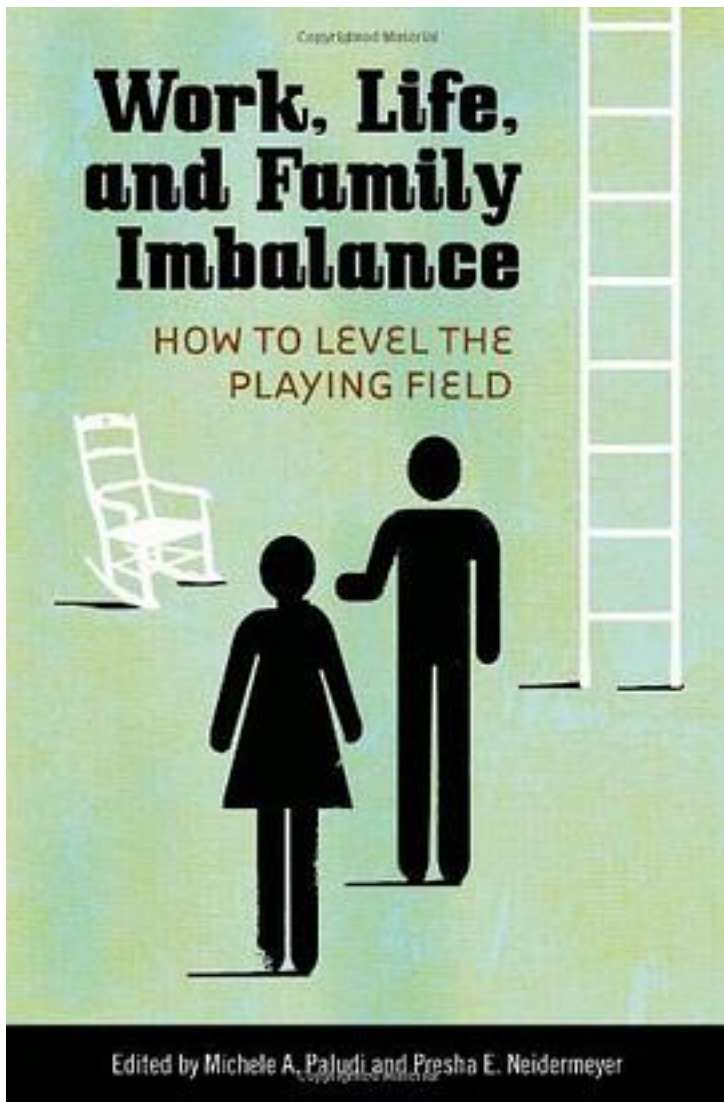


# Work, Life, and Family Imbalance



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"Work, Life, and Family Imbalance" showcases the most current and innovative practices in solving the work-life crisis. These practices shed new light on the issues and help individuals find a sane, yet productive, approach to balancing work and life. They help organizations promote family-friendly policies that benefit both individuals and the organization. Applying insights from the fields of management, ethics, sociology, and law, Paludi and Neidermeyer go beyond traditional approaches to offer fresh thinking and methods for individuals and organizations, as well as groups with special needs: nontraditional families, low-income families, entrepreneurs and the self-employed, and those with care-giving responsibilities. Along the way, they dispel common myths and misconceptions regarding work/life balance, and they offer practical strategies for achieving balance from both the individual's and organization's point of view. The book concludes with a series of templates for developing workplace policies and training programs that promote employee well-being and corporate profitability. Managers and business leaders of all stripes will find "Work, Life, and Family Imbalance" an invaluable aid in creating policies that keep employees and their families happy while not just maintaining but boosting the bottom line. What's more, they'll learn a few things about maintaining a productive balance in their own lives.

作者介绍:

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