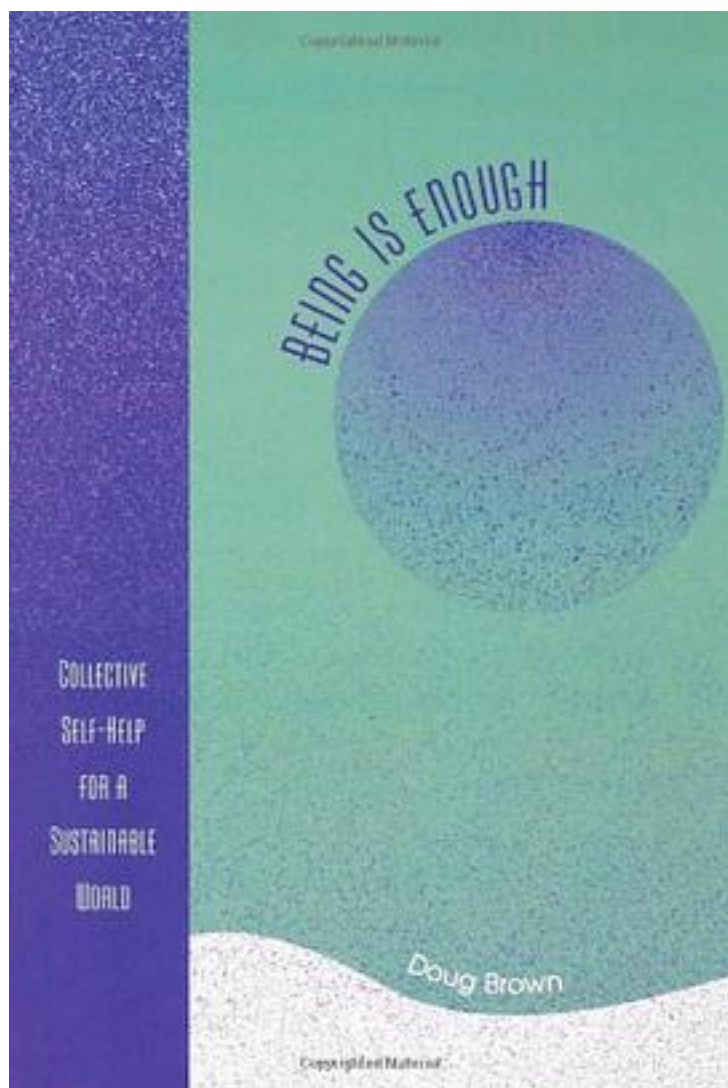


# Being Is Enough



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Being Is Enough emphasizes that America's "have all you can have" economy, which many now regard as unsustainable, is the result of our "be all you can be" culture. And our cultural imperative suggesting that humans must always be more is not only the social root of humanity's environmental crisis, but also the cause of personal stress.

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