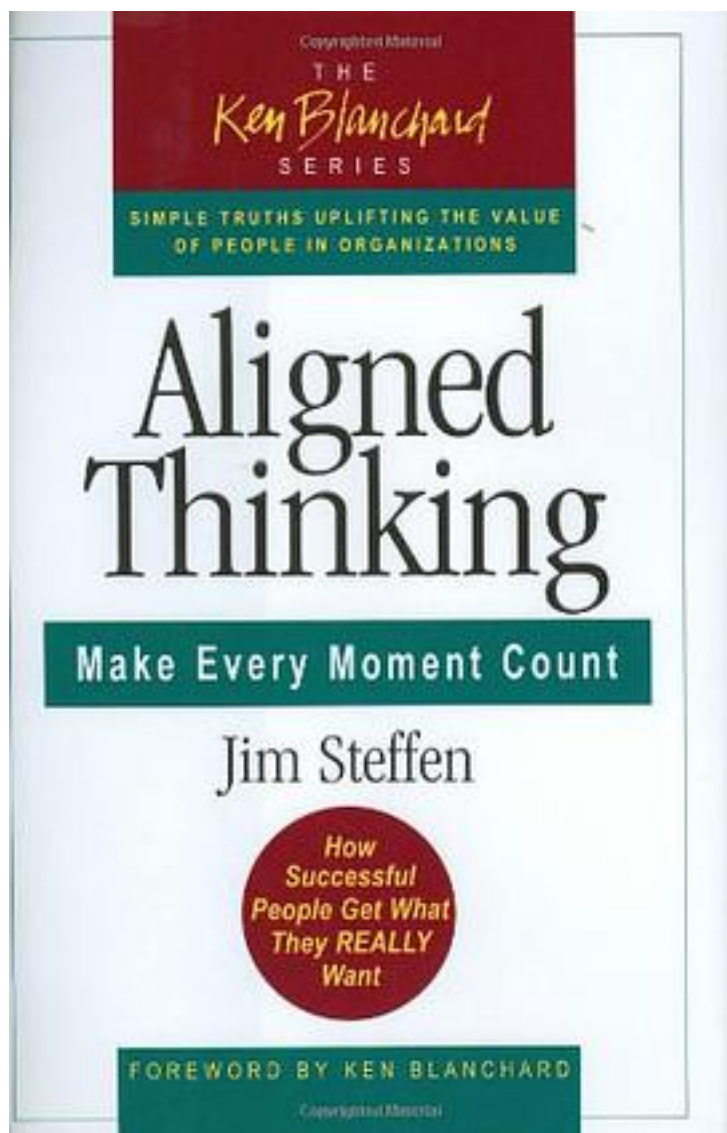


Aligned Thinking



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The central idea of this book is developing "Aligned Thinking," which is when "What you really want from life and work drives every action" and "Every action takes you step-by-step to what you really want." The keys to developing aligned thinking are three questions: Now Question - How do I get the most from the only thing I control - my actions now? Focus Question - With the many options I have, how do I stay focused on what I really want? Purpose Question - What do I really want from life and work?

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