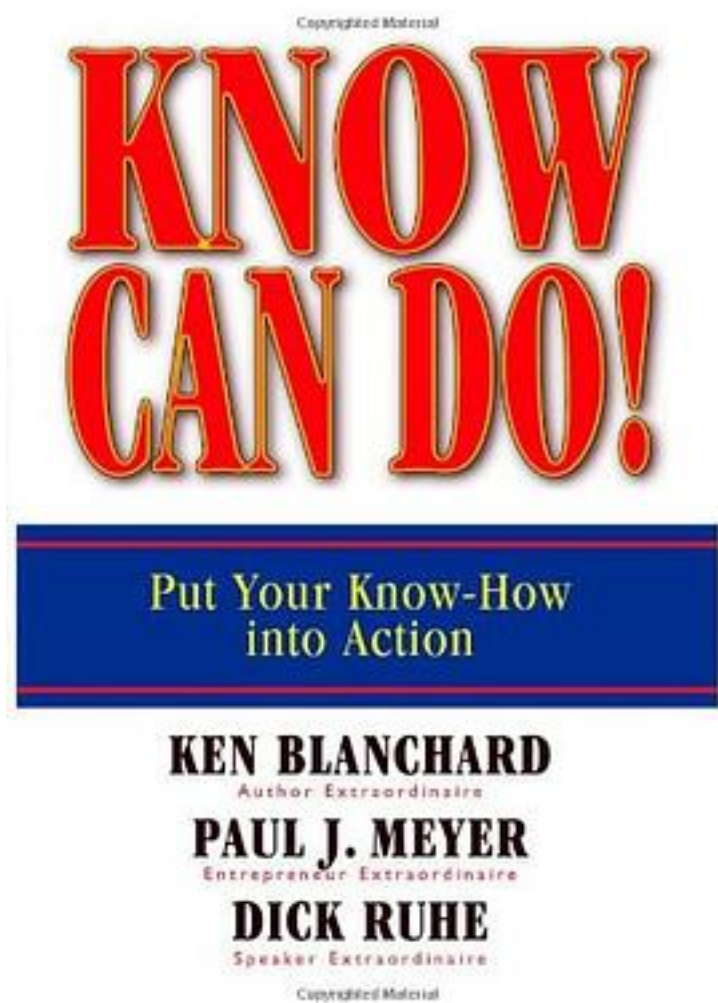


Know Can Do!



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著者:Ken Blanchard

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Attempting to better themselves - learn new skills, break bad habits - people read

books, attend seminars, take training courses. But in spite of what they sincerely believe are their best efforts, their behavior doesn't change. It's an endless source of frustration for organizations and individuals. Because people who have mastered learning are free to be creative and make big things happen, Ken Blanchard takes a strong personal interest in this problem. In "Know Can Do" he and his coauthors Paul J. Meyer and Dick Ruhe use the fable format Blanchard made famous to lay out a straightforward method for making sure you actually use what you know. This engaging fable teaches you how to avoid information overload by learning less more, not more less; adjust your brain's filtering system to learn up to 100 times more than before; ignite your creativity and resourcefulness with Green Light Thinking; master what you've learned using spaced repetition; and more. At last, an answer to the question "Why don't I do what I know I should do?" Read this book and you will!

作者介绍:

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标签

方法论

个人管理

心理学

知行合一

思维

2015年05月

评论

让知和行的距离缩短的重点：在于以积极开放的心态，不带任何偏见耐心倾听要诀，并

专注焦点，坚持用少而精的态度去学习，便可避免死在海量的信息海洋中！ 又是泛泛而谈的一本书，但至少道出了做行动的巨人的前提方法……

就记住少就是多，持续跟进

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书评

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