

Climbing Higher



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In 1999, after almost twenty years of symptoms, Montel Williams, a decorated naval officer and Emmy Award-winning talk show host, was diagnosed with multiple sclerosis. He was struck with denial, fear, depression, and anger, and now he's battling back. Graced with strong values, courage, and hard-won wisdom, he shares his insights in this powerful book on the divergent roads a life can take, and recounts how he rose to meet the challenges he's faced. Surprising, searing, and deeply personal, Climbing Higher is as honest and inspiring as its author.

作者介绍:

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