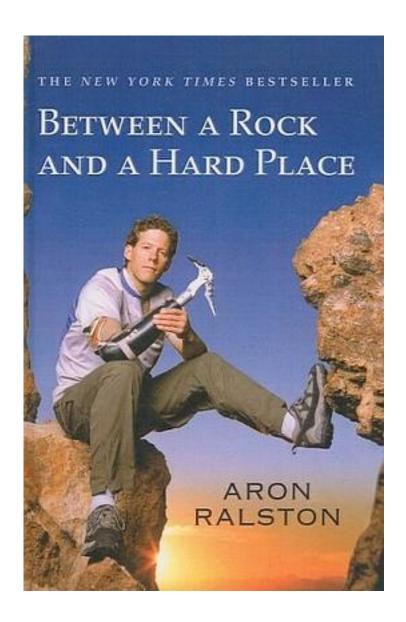
Between a Rock and a Hard Place



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著者:Ralston, Aron

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On Saturday, 26 April 2003, Aron Ralston, a 27-year-old outdoorsman and adventurer, set off for a day's hike in the Utah canyons. Eight miles from his truck, he found himself in the middle of a deep and remote canyon. Then the unthinkable happened: a boulder shifted and snared his right arm against the canyon wall. He was trapped, facing dehydration, starvation, hallucinations and hypothermia as night-time temperatures plummeted. Five and a half days later, Aron Ralston finally came to the agonising conclusion that his only hope was to amputate his own arm and get himself to safety. Miraculously, he survived. BETWEEN A ROCK AND A HARD PLACE is more than just an adventure story. It is a brave, honest and above all inspiring account of one man's valiant effort to survive, and is destined to take its place among adventure classics such as TOUCHING THE VOID.

作者介绍:
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