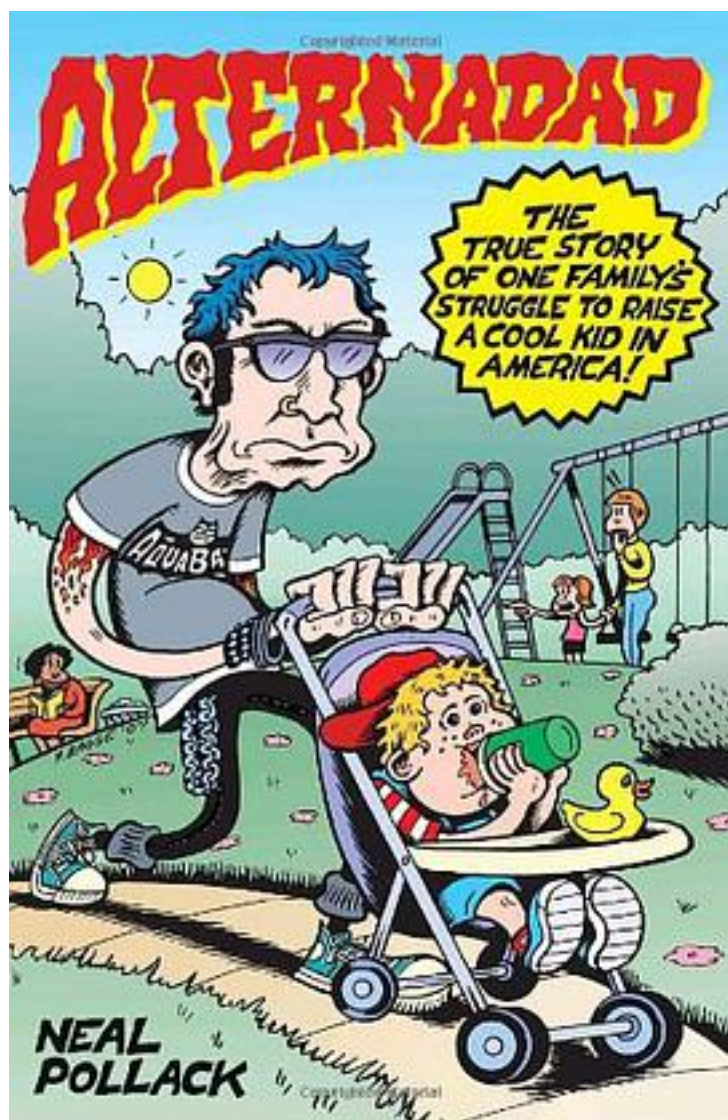


Alternadad



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著者:Pollack, Neal

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A few years ago, Neal Pollack was probably the least likely father you’ve ever met: a pop-culture-obsessed writer and self-styled party guy known mostly for outrageous literary antics. In typical fashion, he responded to the birth of his son by forming a mediocre rock band and taking it on tour. Now, in *Alternadad*, he tells the hilarious and poignant story of how he learned to be a father to his son, Elijah, after the failure of his short-lived rock ‘n’ roll dreams.

Pollack and his wife, Regina, were determined to raise their son without growing up, too much themselves. They welcomed the responsibility but were worried that they’d become uptight and out of touch. Through the ups and downs of the first years of their son’s life their determination is put to the test, and they find themselves changing in ways they never expected, particularly after Elijah develops a biting problem in preschool.

Alternadad is a refreshingly honest book about the wonders, terrors, and idiocies of parenting today. From enrolling his son in an absurd corporate gymnastics class to a disastrous visit to a rock festival to uncomfortable encounters with other parents whom he’d ordinarily avoid, Pollack candidly explores the everyday struggles and the long-term compromises that come with parenthood.

Mixing ironic skepticism with an appreciation for the absurdities of everyday life, *Alternadad* is a portrait of a new version of the American family: responsible if unorthodox parents raising kids who know the difference between the Ramones and the Sex Pistols. Wildly funny, surprising, and often moving, it just might be the parenting bible for a new generation of mothers and fathers.

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目录:

[Alternadad 下载链接1](#)

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