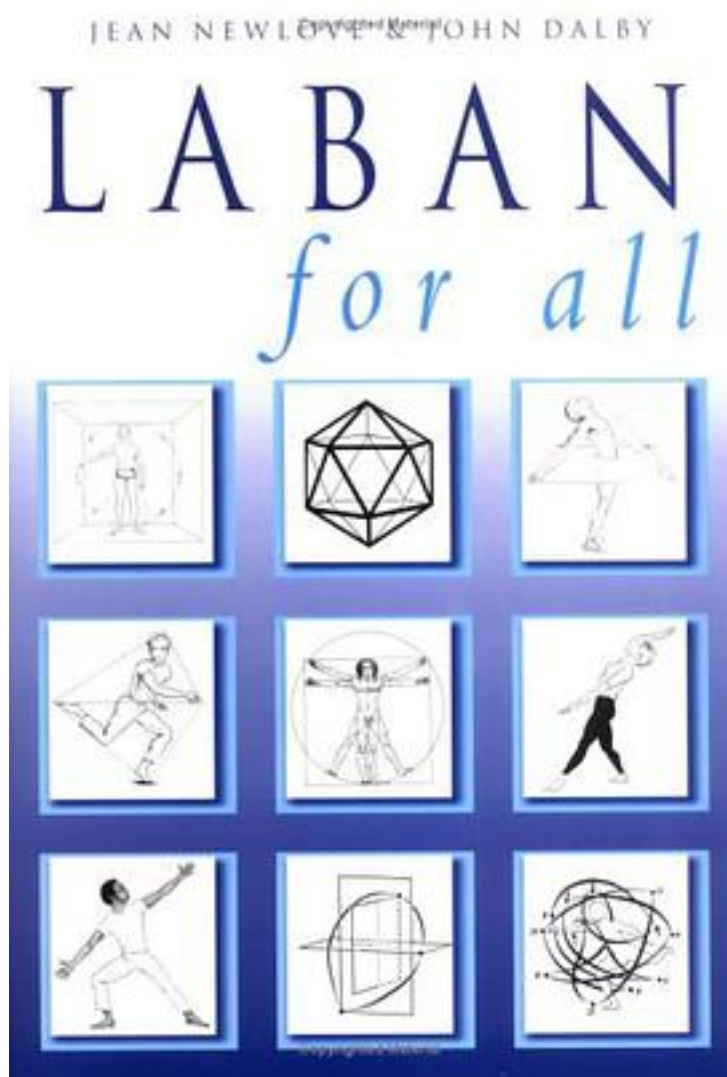


Laban for All



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著者:Jean Newlove

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Rudolf Laban was one of the great theorists and practitioners of movement. In "Laban for All," expert teachers of Laban's techniques offer simplified version of his system that can be used by anyone, from beginners to pros.

Extensively illustrated with John Dalby's line drawings and diagrams, "Laban for All" lays out the basic vocabulary of the Laban system and goes on to offer specific exercises.

The result is a thorough - and thoroughly practical - grounding in the most important movement system in use today.

作者介绍:

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书评

逻辑性不是很强，应该是给文化程度较低的入门演员舞者的科普通俗读物，很多地方跟我理解的laban不太一样，有些观点我并不同意fasdfsadfasdfsadfsdfdsfasdfsadfsdfasdfsadfasdfasdfsadfasdf

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