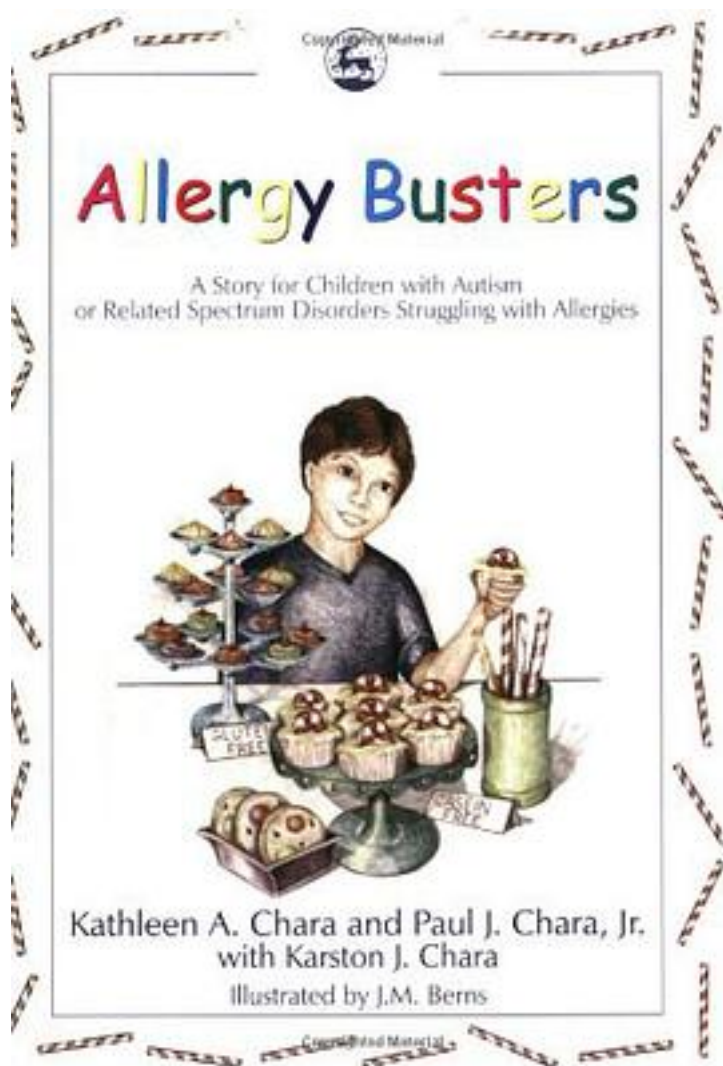


# Allergy Busters



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Allergy Busters is a practical guide to help children struggling with allergy problems. It follows the experiences of Karston, who, in addition to autism-related problems, suffers from food and environmental allergies. He relates the struggles, frustrations, and disappointments in battling allergies, before coming up with a solution the four Allergy Buster Keys. These effective methods for overcoming allergies are presented as a child-friendly plan leading to an allergy-free diet. The keys demonstrate how children with allergies can lead fun-filled lives by following simple, easily-attainable guidelines to manage their allergies. Children on the autism spectrum suffering with gluten and casein allergies require professional services in addition to intensive family involvement. This book is an asset to parents and professionals working with children on the autism spectrum who are struggling with allergies, as well as an informative resource for allergy sufferers themselves.

作者介绍:

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