

The Making of Dr. Phil

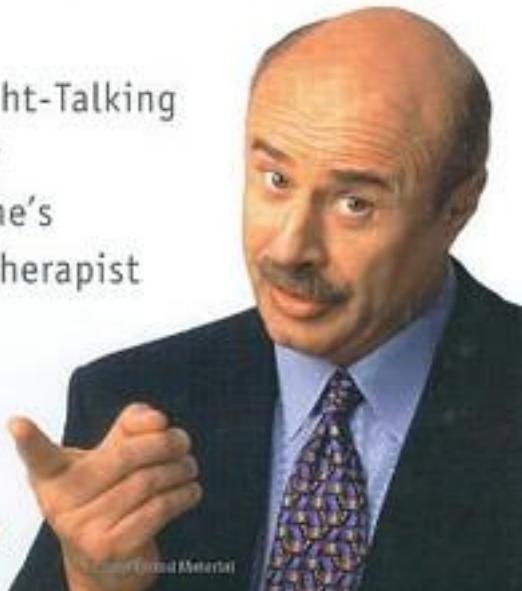


THE MAKING OF Dr. Phil

The Straight-Talking
True Story
of Everyone's
Favorite Therapist

SOPHIA
DEMBLING

LISA
GUTIERREZ



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The first biography of Dr. Phil McGraw and his rise to fame

Millions look to Dr. Phil for advice on everything from relationships to life. But Dr. Phil is more than just a pop psychologist. He's also an amazing businessman who has started and run a number of flourishing ventures. In *The Making of Dr. Phil*, award-winning journalists Sophia Dembling and Lisa Gutierrez take readers inside the world of Dr. Phil and his media and self-help empire. From his early days as a young athlete and student pilot, to his failed first marriage and decision to study psychology, *The Making of Dr. Phil* captures the courageous rise of one of today's most well-known celebrities. Full of exclusive interviews, this comprehensive portrait explores Dr. Phil's true motivations and inner drives. It also reveals the full dimension of his personality, beyond the "down-home doc" image portrayed in his books and on television. *The Making of Dr. Phil* offers a rare inside look at the real Dr. Phil McGraw and provides a firsthand account of how he became such a huge success.

Sophia Dembling (Dallas, TX) is a veteran journalist and former reporter for the Dallas Morning News. She was recently featured on the *Dr. Phil: E! True Hollywood Story* and will also appear on the upcoming A&E Biography on Dr. Phil. Lisa Gutierrez (Overland Park, KS) is an award-winning journalist. She obtained the first exclusive interview with Dr. Phil's first wife, and her reporting on Dr. Phil has appeared in numerous newspapers around the world.

作者介绍:

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