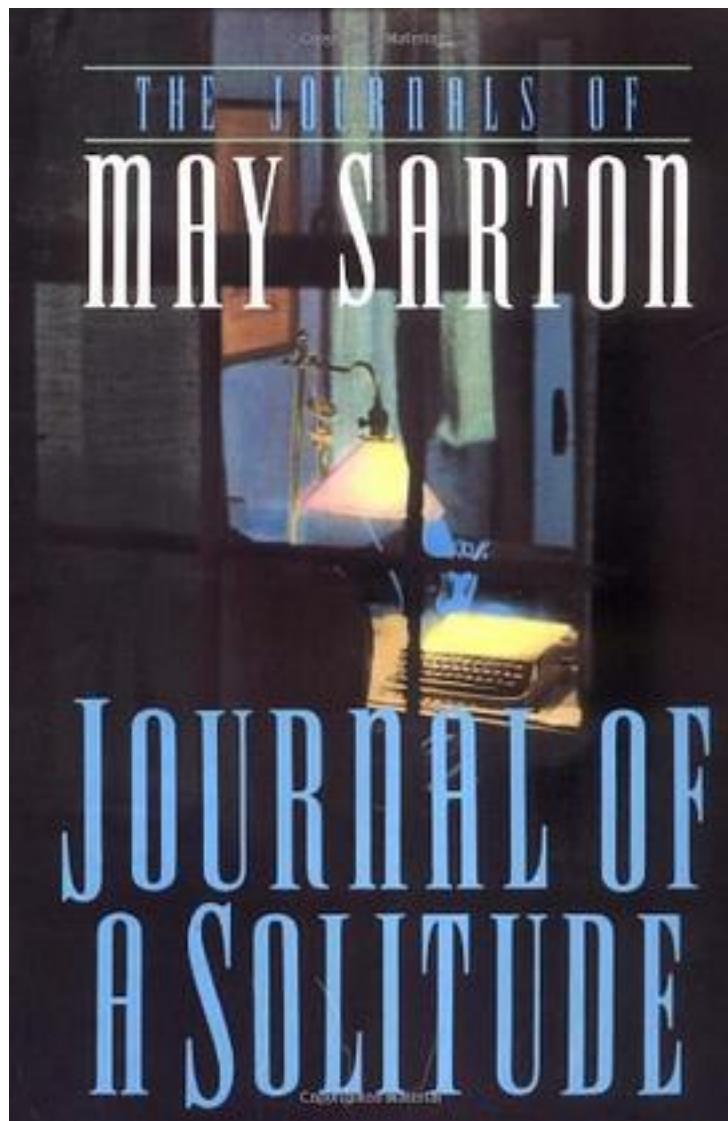


# Journal of a Solitude



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著者:May Sarton

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In this, her bestselling journal, May Sarton writes with keen observation and emotional courage of both inner and outer worlds: a garden, the seasons, daily life in New Hampshire, books, people, ideas—and throughout everything, her spiritual and artistic journey. "I am here alone for the first time in weeks," May Sarton begins this book, "to take up my 'real' life again at last. That is what is strange—that friends, even passionate love, are not my real life, unless there is time alone in which to explore what is happening or what has happened." In this journal, she says, "I hope to break through into the rough, rocky depths, to the matrix itself. There is violence there and anger never resolved. My need to be alone is balanced against my fear of what will happen when suddenly I enter the huge empty silence if I cannot find support there."

In this book, we are closer to the marrow than ever before in May Sarton's writing.

作者介绍:

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标签

MaySarton

英文原版

日记

sarton

Non\_fiction

心灵成长

W-MaySarton

随笔

## 评论

大概这是本特别时候读的书，带给我巨大的愉悦。收到书的那天刚好是下雨天，打开书第一页，begin here. it is raining.当时就觉得对了。

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她的有一些很天真的liberal intelligent的思想不是很喜欢，但总的来说很好。一个中年单身女人的独居生活，对写作的struggle都值得一读。

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这书不自带200%正能量去看简直就是要看得抑郁哇...

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长夜里无形的意识顺着甬道飘荡，流畅地途经每个在现实世界里毫无关联的人事物。不知道它们是否存在，也不想去证实以免毁了心中的美好。

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老太太其实非常坚强勇敢。我真的是很喜欢她。

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不记得如何知晓May Sarton的。。。线索总是那么模糊（与每一本的相识大概是一种缘吧，要是一一记下了，该是多好的故事），两年时间，闲散时间读了前面部分，她安于独处，喜爱自然，这些都曾有共鸣。

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1. For if one does not have wild dreams of achievement, there is no spur even to get the dishes washed. 2. One must think like a hero to behave like a merely decent human being. 3. “Can one be within the framework of a marriage?” 4. In the end what kills is not agony (for agony at least asks something of the soul) but everyday life.

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这本书令我失望。按顺序读的，一开始的沮丧和对失控的畏惧、自责，我非常感兴趣。

但随着春天到来，她没有理由的变了，不再考虑避世而是努力工作，开始为自己因为更想工作而不想在别人身上浪费时间而困扰，总在抱怨自己badgered，抱怨了大半年，讲了一些或远或近的人的故事，写作上并不好，没有任何文采，偶尔用几个法语词，但她的英语也不典雅或高级。让我读完的动力，是想看看一年结束，开头极为失落的作者会有什么样的成长，结果读了那么多荣格，虽然生活上有了变化，但进步不如说没有吧。经常摘抄别人的书和诗歌，摘的都不错，比她写的好多了。凭良心说，全书除了开头以人设引人入胜以外，也就写她和那只顽强不屈的河狸（是河狸吧？）的一夜斗争是一篇不错的小品文。

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闲翻能读，不会再读，和书无关，书很好。（有些书太耗神了。）

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有感悟但不喜欢读

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书评

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