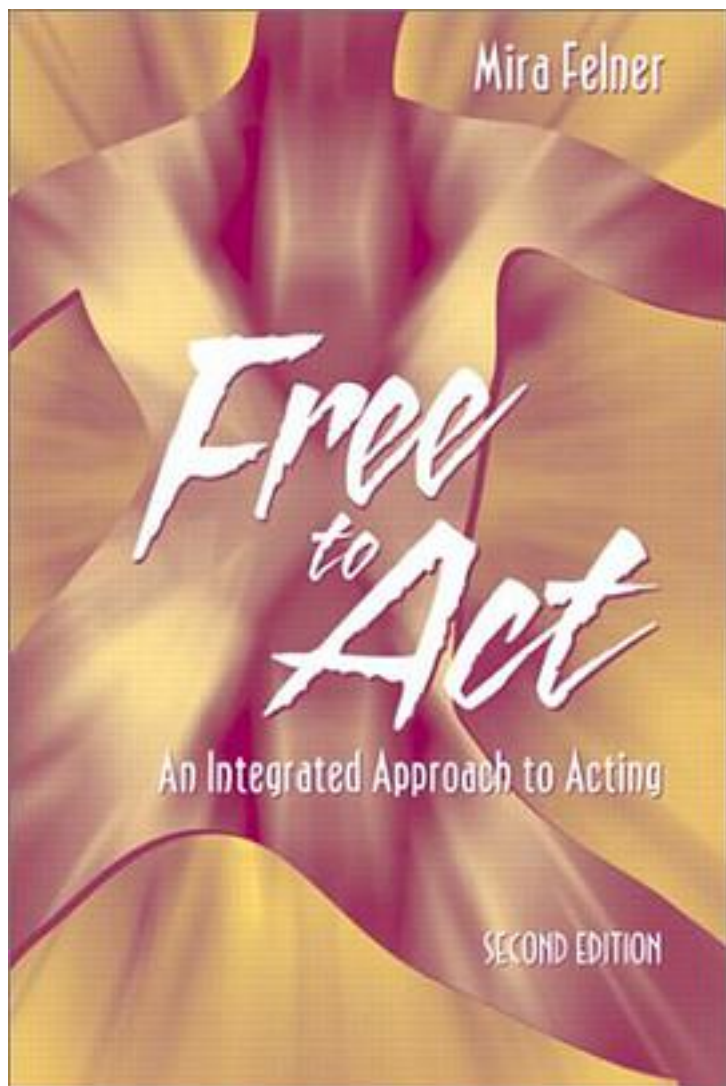


# Free to Act



[Free to Act\\_ 下载链接1](#)

著者:Felner, Mira

出版者:Prentice Hall

出版时间:2003-6

装帧:HRD

isbn:9780205378234

Free to Act presents a holistic approach to actor training that integrates physical and psychological technique. This text makes the complexities of acting intelligible and accessible to the beginning actor through its system of more than 150 progressively developed exercises with guides for self-analysis and journal entries. Its integrated approach emphasizes the idea that the body informs the mind and that emotion is rooted in physical action. Providing a carefully developed system of training, Free to Act guides the student-actor through the complex process by which an actor is formed.

作者介绍:

目录:

[Free to Act\\_下载链接1](#)

标签

评论

-----  
[Free to Act\\_下载链接1](#)

书评

-----  
[Free to Act\\_下载链接1](#)