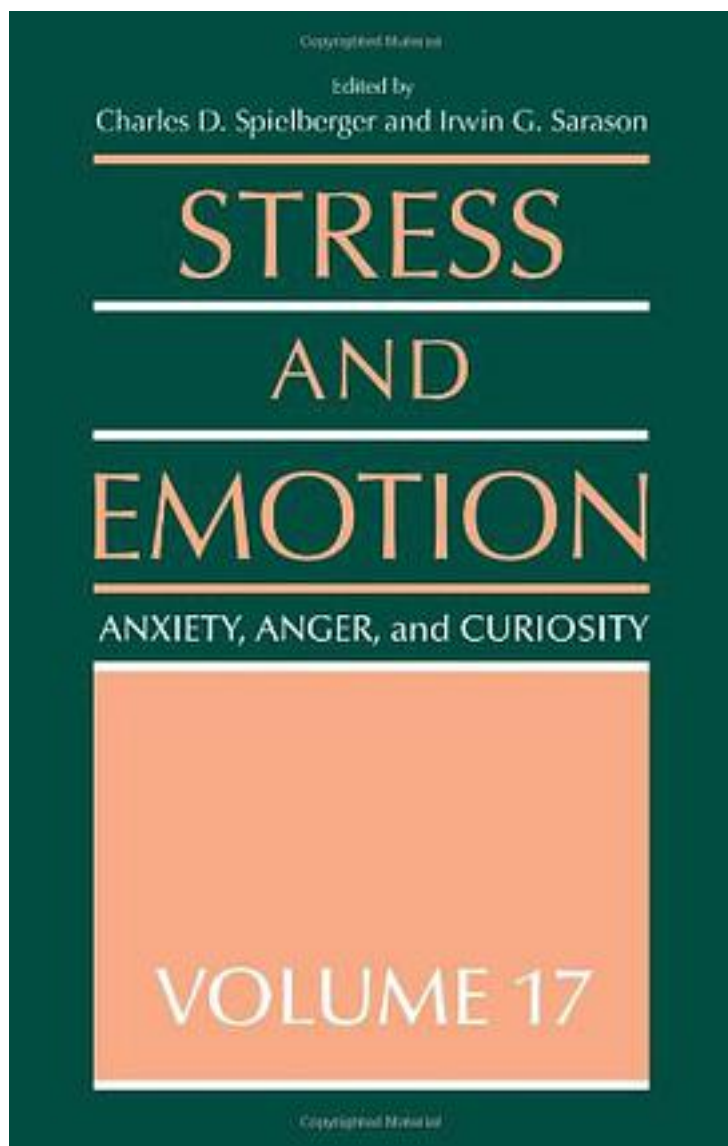


Stress and Emotion



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The 17th volume of this prestigious and long-standing Series on Stress and Emotion focuses on recent advances in research by internationally renowned contributors from over a dozen countries. Individual chapters explore the impact of anxiety and stress on emotions in the workplace, school settings, and interpersonal relationships. The original research and practical implications presented in this volume are of interest to all social, behavioral, and medical scientists concerned with stress and anxiety-related issues. The chapters in Part One of this volume examine efforts to assess and manage the effects of stress and anxiety in one's personal life, that result from medical illness, morality issues and athletic competition, along with coping mechanisms across culture and gender. Part Two considers the experience, expression, and control of anger in a variety of cultural, educational and family contexts. The chapters in the final section explore cross-cultural effects of occupational stress and its impact on particular jobs. The contributions to this volume further our understanding of how stress factors, anxious feelings, and emotional responses to both can impact and influence our lives.

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