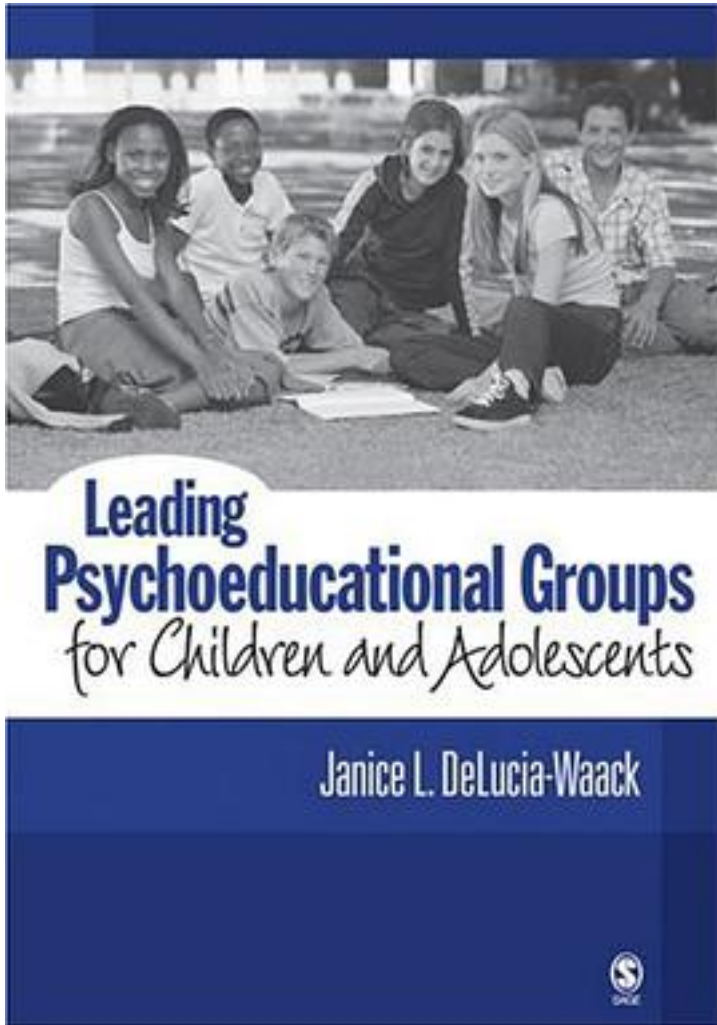


# Leading Psychoeducational Groups for Children and Adolescents



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The goals of psychoeducational groups include prevention and early intervention, both of which are important for schools and agencies that work with at-risk children. Leading Psychoeducational Groups for Children and Adolescents focuses specifically on psychoeducational groups while also combining leadership skills and suggestions for how effectively to design and lead such groups-all in one book! This book provides an applied, pragmatic approach to leading psychoeducational groups generally, while addressing special issues relating to specific topical groups as well (e.g., children of divorce, grief, anger management, bullying behaviours). Key Features:

- o Contains tables with references for related resources that practitioners may use for designing their groups, including materials that address critical issues and themes for the group, group sessions, activities, suggestions for effective groups, and assessment measures
- o Provides guidance for the entire spectrum of activities related to leading groups, from planning to pre-group interviews and from initial sessions to termination sessions
- o Offers practical suggestions for how effectively to use activities in group meetings and chronicles common mistakes to avoid
- o Suggests methods for assessing group effectiveness as well as personal progress and need for further treatment

Features multiple appendices containing examples of group planning and processing notes; group interest survey forms; an informational sheet for parents about psychoeducational groups; a group screening interview outline; a group preparation session outline; and consent forms

- o Includes ASGW Professional Standards for Training of Group Workers, ASGW Best Practice Guidelines, and ASGW Principles for Diversity-Competent Group Workers

This text will be a helpful resource for students enrolled in courses in Counselling and Therapy of Children and Adolescents, in Social Group Work, and in Group Counselling for Education in departments of psychology, social work, and education.

作者介绍:

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