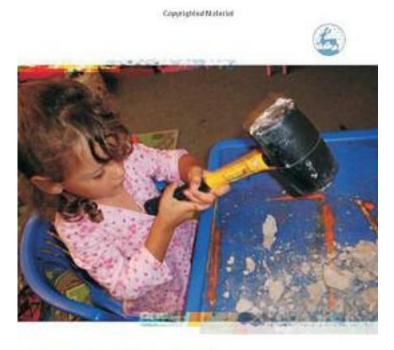
The Handbook of Gestalt Play Therapy



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Practical Guidelines for Child Therapists

RINDA BLOM

Foreword by Hannie Schoeman

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出版者:Jessica Kingsley Pub

出版时间:

装帧:Pap

isbn:9781843104599

This book is an introduction to Gestalt Play Therapy a technique which combines the principles of gestalt theory with play techniques, so that children are able to use play to address their needs and problems. Research has shown that this approach can be applied successfully in children with different types of emotional problems in order to improve their self-support and self-esteem. The Handbook of Gestalt Play Therapy provides the reader with an explanation of gestalt theory, a practical explanation of the Gestalt Play Therapy model and also a wide range of play techniques that can be applied during each phase of the therapy process. It also features case studies throughout which illustrate how the techniques work in practice.

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