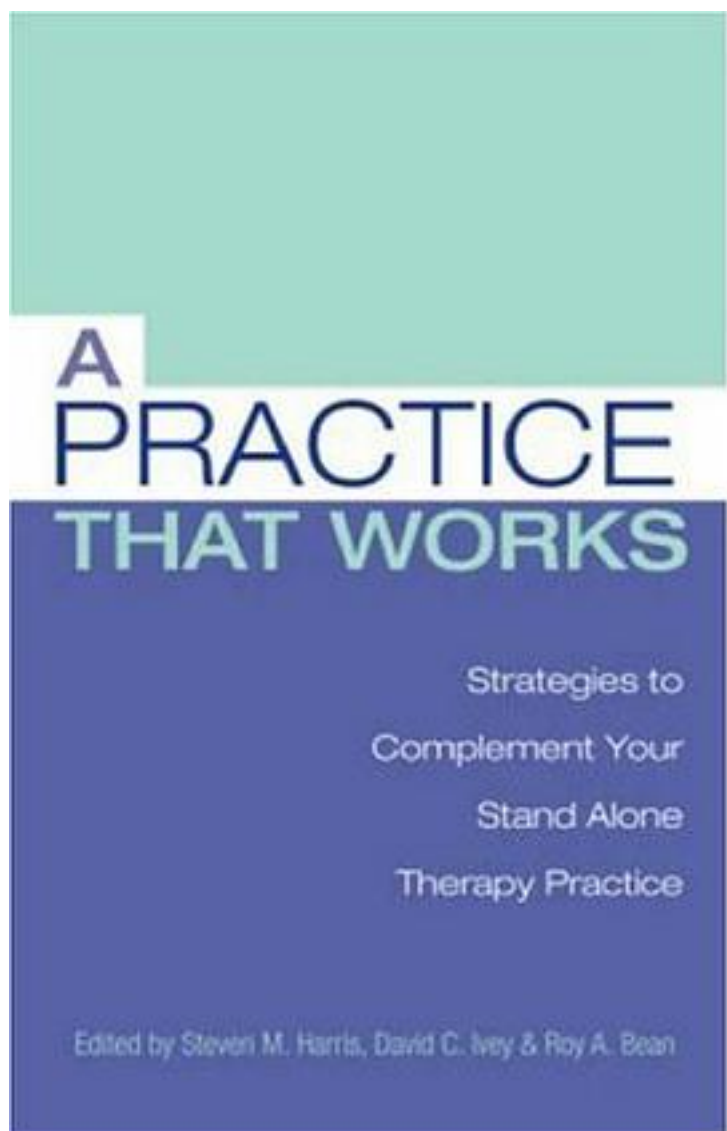


A Practice that Works



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In the advent of managed care and the continuing decline in reimbursement felt across the various disciplines of mental health have had profound impacts upon the quality and quantity of care in the field. As it has become increasingly difficult for a practitioner in private practice to provide a satisfactory level of care while earning a living in the process, many clinicians have become more innovative in the services they offer their clients. This book pulls together a group of mental health professionals who have branched out into new markets and services. A Practice that Works represents an anthology of new knowledge in the field, as chapter contributors describe in revealing detail their own innovative techniques. After first describing the idea behind a strategy such as Wilderness Therapy Programs, the editors discuss the logistics of billing issues pertinent to the strategy and provide practical steps to its implementation, follow-through and development. Finally each chapter includes a 'testimonial' from the editors before considering issues such as any other implications of the strategy, how the strategy can fit into one's larger therapeutic model, and how this new way of thinking has impacted the author's life and practice. This timely book should appeal to professionals in all areas of the mental health fields, and is written in a general style that will not turn any of them away from the innovative lessons to be gleaned from such a unique compilation.

作者介绍:

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