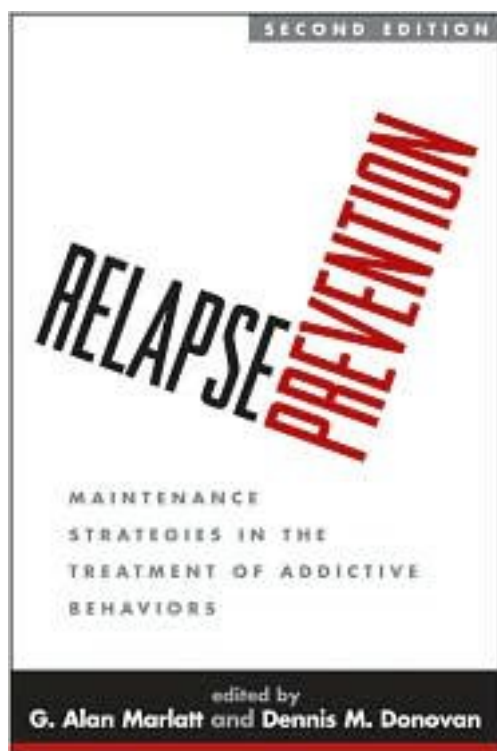


Relapse Prevention



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Thoroughly revised and updated, the second edition of this important clinical resource and text reflects two decades' worth of advances in research and practice. Provided is an empirically supported framework for helping people with addictive behaviour problems develop the skills to maintain their treatment goals - even in high-risk situations - and deal effectively with setbacks that occur. Refining and elaborating the editors' original model, the expert contributors draw on the latest knowledge about specific addictive disorders and the process of change. Extensively rewritten chapters on alcohol, tobacco, and eating disorders have been augmented with new coverage of

stimulants, opiates, cannabis, "club drugs," gambling problems, risky sexual practices, and sexual offending. Another important new chapter addresses cultural issues in relapse prevention with diverse clients.

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