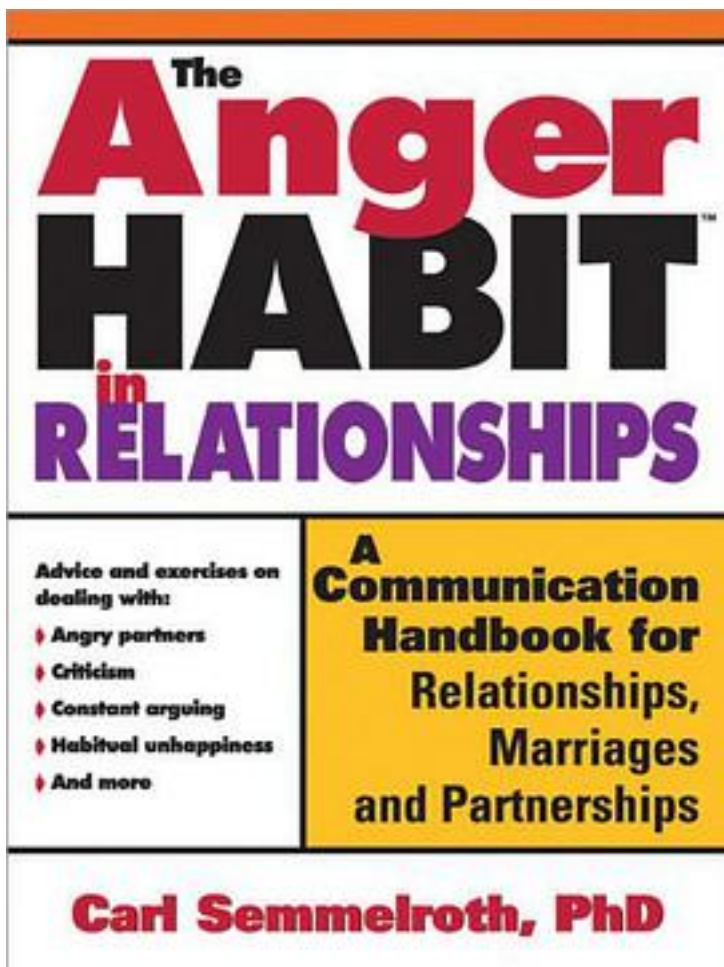


The Anger Habit in Relationships



[The Anger Habit in Relationships_ 下载链接1](#)

著者:Semmelroth, Carl

出版者:Sourcebooks Inc

出版时间:

装帧:Pap

isbn:9781402203572

Anger can destroy a relationship. From nagging to verbal abuse, this problem comes up in every relationship. How do you get past it? Break the Anger Habit The Anger Habit

in Relationships takes the principles of the successful Anger Habit series and examines how they affect relationships. The Anger Habit in Relationships helps couples recognize the patterns of anger in their behavior and how they affect their relationship. Semmelroth teaches you how to move past this response behavior so you can improve your relationship. Discover: ? What Your Angry Partner Wants? How to Replace Argument Starters with Communication Starters? Why You Fight and How to Avoid It

作者介绍:

目录:

[The Anger Habit in Relationships_ 下载链接1](#)

标签

评论

[The Anger Habit in Relationships_ 下载链接1](#)

书评

[The Anger Habit in Relationships_ 下载链接1](#)