

Shouldn't I be Feeling Better by Now?



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It is an irony that therapists and counselors--the professional listeners--have been reluctant to hear the criticisms and challenges of their customers. Many clients suffer disappointment with their therapy experience, yet the profession continues unchanged, creating the illusion that it is only a tiny, beyond-help minority who do not benefit. This book clearly identifies areas of concern and seeks to provide constructive solutions for the future.

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