

# Into the Silent Land

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## **Into the Silent Land: A Guide to the Christian Practice of Contemplation**

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A finalist for The Guardian First Book Award, *Into the Silent Land* is a stunning look into how the human brain constructs a "self," or the essence of who we are as individuals. A neuropsychologist with twenty-five years' experience and a runner-up for the prestigious Wellcome Trust Science Prize, Paul Broks writes with a doctor's precision

and clarity in a series of narratives about the fascinating world of the neurologically impaired, delving not only into the inner lives of his patients, but into a deeper understanding of how we define who we are. Fusing classic cases of neuropsychology with the author's own case studies, personal vignettes, philosophical debate, and thought-provoking riffs and meditations on the nature of neurological impairments and dysfunctions, *Into the Silent Land* is an illuminating study of neuroscience, and an extraordinary look into the unknown world of the self.

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