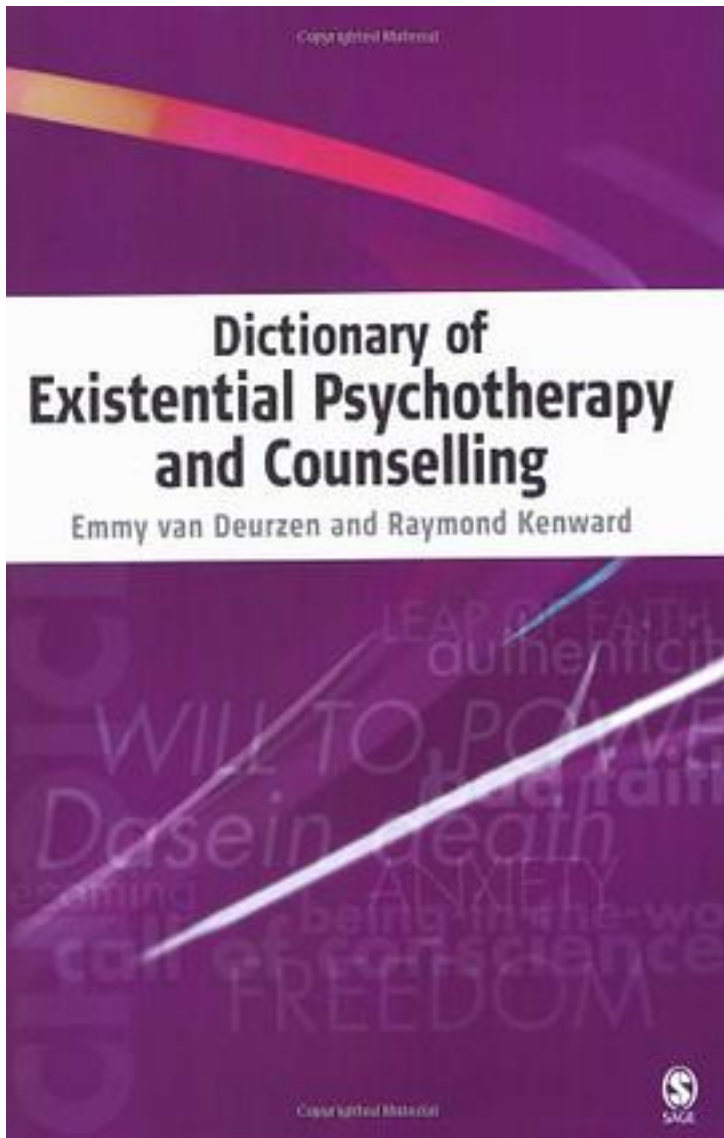


Dictionary of Existential Psychotherapy and Counselling



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出版者:Sage Pubns

出版时间:2005-5

装帧:Pap

isbn:9780761970958

The Dictionary of Existential Psychotherapy and Counselling is a comprehensive lexicon of existential terms, their meaning and application. With over 350 entries (cross-referenced throughout), the book is the ideal companion to studying the the ideas of existential pioneers, such as Kierkegaard, Heidegger and Sartre. Drawing on their experience as existential practitioners, Emmy van Deurzen and Raymond Kenward achieve the difficult task of making complex philosophical concepts accessible and practically relevant. Through the use of illustrative quotations and examples, they translate existential terminology into everyday language and show how the ideas are employed in practice. They also examine associated themes such as sexuality and religion and appraise the main strengths, weaknesses and limits of the existential approach. The Dictionary of Existential Psychotherapy and Counselling will be invaluable to all trainees and practitioners of the existential approach and to all counsellors and psychotherapists who recognise the centrality of philosophical concepts to their practice.

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