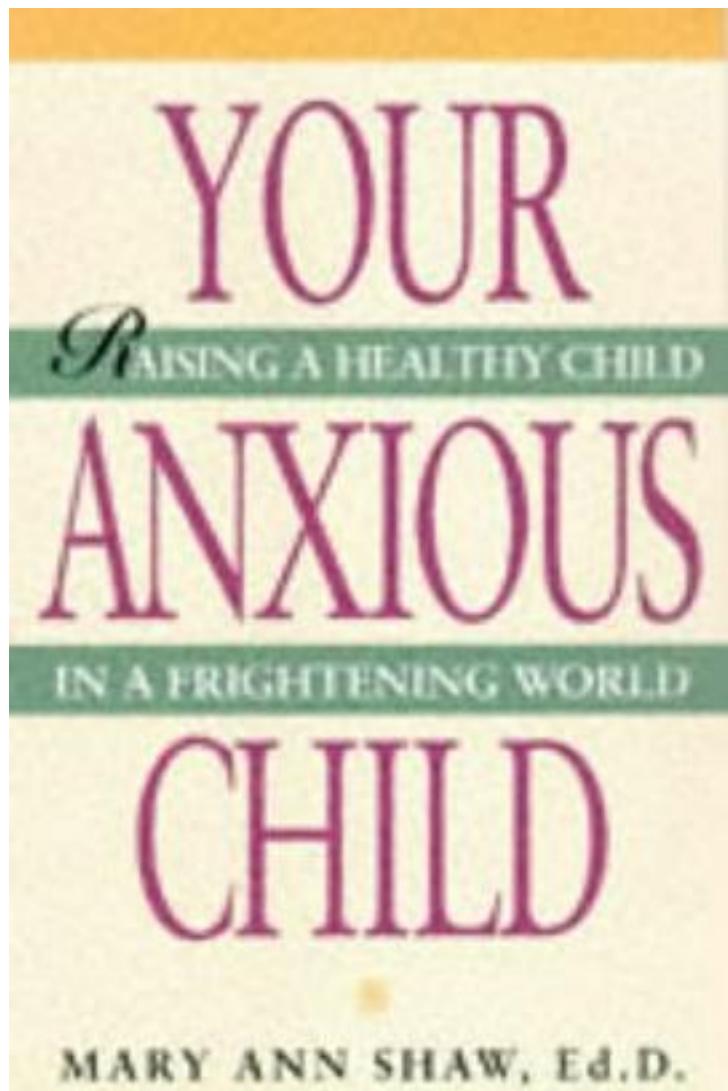


Your Anxious Child



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著者:Shaw, Mary Ann

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This timely book, "Your Anxious Child," will appeal to a wide audience of parents and caregivers by helping them recognize children's everyday fears and giving them valuable information to cope with the anxiety produced by these fears. It also provides parents with an understanding of how their behaviors affect their children beginning in infancy. Dr. Shaw explains and responds to a wide variety of anxiety related disorders in all ages of children in a way that's easy to read, understand and implement. This up-to-date guide helps readers recognize and respond to common anxieties in normal children as well as more profound anxieties in children with a wide range of psychological and developmental problems. Dr. Shaw takes the reader through divorce, sibling rivalry, helping sensitive children survive the rigors of their school years, the effects of terrorism, and many of the more serious problems facing children in our world today. She offers case studies and appropriate self-help for the parent in a nurturing and common sense style.

作者介绍:

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