

Emotional Intelligence in Couples Therapy

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*Advances from Neurobiology and
the Science of Intimate Relationships*



• BRENT J. ATKINSON •

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著者:Atkinson, B.

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Recent brain findings point to new understandings about human motivation and interaction. Here the author applies these neurobiological insights to couple therapy, showing how recent brain studies can help couples increase their chances of success in therapy.

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