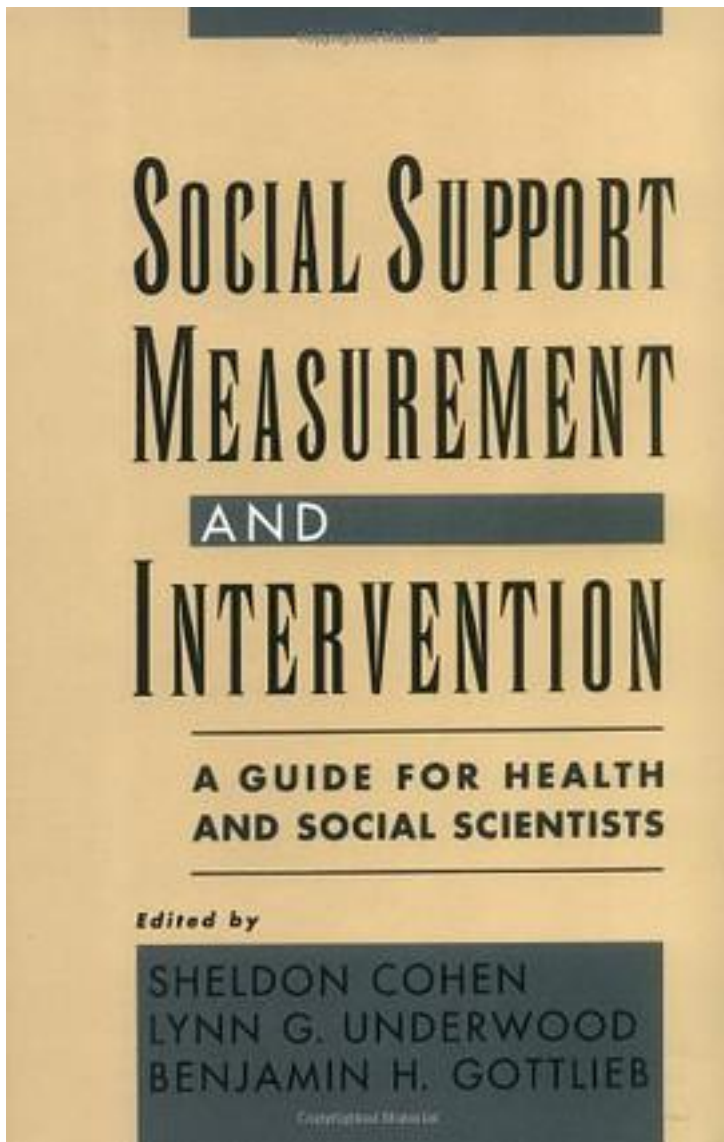


# Social Support Measurement and Intervention



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Surgery and pharmaceuticals are not the only effective procedures we have to improve our health. The natural human tendency to care for fellow humans, to support them with social networks, has proven to be a powerful treatment as well. This book, will provide the most up to date research on the effects of social support interventions on physical and mental health.

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